

# FAQ Volksbank-Münster-Marathon



Awards.....	2
Baby Jogger .....	2
Bib number .....	2
Catering .....	2
Confirmation of Registration.....	2
Deregistration.....	3
Dropping Out.....	3
Escorting along the Race Course .....	3
Getting There & Parking.....	3
Information Point .....	3
Late Registration .....	3
Marathon Expo.....	3
Medical Attendance / Massages .....	4
Online Registration.....	4
Pacer.....	4
Pasta Party.....	4
Refund .....	4
Reregistration (Marathon or Hengst-Filtration-28) .....	5
Race Kit Pick Up.....	5
Showers / Changing Room .....	5
Start Corrals.....	5
Time measurement .....	5
Starting times .....	6
Toilet Facilities.....	6
Transfer of BIB.....	6
Weather.....	6
Your own Drinks .....	6

## **Awards**

Every runner who reaches the finish line within a time limit of 5 hours and 30 minutes will receive a finisher medal. You will find the certificate as a download in the results section of our website.

## **Baby Jogger**

Due to the regulations of the German Athletics Association it is not allowed to participate in the marathon with a baby jogger.

## **Bib number**

The bib number, that you will receive with your race kit, includes the transponder for timekeeping and is required to be attached to the front of the running shirt in a clearly visible and unchanged manner. On the back side of the bib number you will find an "emergency passport", in which you should write down all important data with a pen. This is needed in case of an emergency. Prior to the event that something happens along side the run and one is unresponsive, which nobody hopes, our medical staff will know whom of the relatives is to be informed or which medical peculiarities need to be considered. Bibs are not transferable.

## **Catering**

17 catering points (Verpflegungspunkte - VP) and refreshment points (Erfrischungspunkte - EP) along the route ensure that energy can be refueled. Banana and orange pieces as well as an isotonic drink, water and cola (from km 25) are available at the VPs. At the EP only water will be served in cups. Drinks and food will always be provided in the same order: Self-catering (your own drinks) - water - isotonic drink - fruit.

## **Confirmation of Registration**

After you have successfully completed the registration process you will immediately receive a confirmation email. Please make sure that you provide us with the right email address. We do recommend that you check your registration through our list of participants that you can find here: <https://xplorace.com/de/events/21-volksbank-munster-marathon/2023/startlist>  
All participants that have registered online will receive further information about the event no later than the Wednesday before the marathon by email.

## **Deregistration**

If you would like to deregister from the Volksbank-Muenster-Marathon please do so under specification of your full name in written form to the following address. Please note that you will not be refunded the registration fee. (Please also see "Refund").

Muenster-Marathon e. V. / Windthorststraße 32 / 48143 Münster / Germany

Phone: +49 251 92 77 288

Fax: +49 251 92 77 289

Email: [info@volksbank-muenster-marathon.de](mailto:info@volksbank-muenster-marathon.de)

## **Dropping Out**

If you happen to drop out of the race you can get on the bus that drives behind the last runners of the race. The bus will bring you back to the baggage check. The bus service is free of charge. Runners that are slower than the time limit will be asked to leave the race.

## **Escorting along the Race Course**

Please note that it is not allowed to escort a participant of the marathon by bike or in any other form. If done so, the runner could be disqualified.

## **Getting There & Parking**

Please don't hesitate to contact us at [info@volksbank-muenster-marathon.de](mailto:info@volksbank-muenster-marathon.de) if you need detailed information about driving directions, parking information and public transit information. In any case, please give yourself lots of travel time on the morning of the race.

## **Information Point**

You will be handed out your race kit at the Gymnasium Paulinum, Am Stadtgraben 30, 48143 Muenster. Here you will also find an information point / trouble desk if you have any further questions on the weekend of the race.

## **Late Registration**

You have got the chance for late registration until Saturday 4.00pm. Please note that late registration might be limited or impossible due to organizational reasons.

## **Marathon Expo**

There will be no marathon expo.

## **Medical Attendance / Massages**

The medical attendance along the race course and in the finish area is ensured. We do recommend that you seek medical attention when the slightest physical discomfort occurs. Please only consider starting the race if you are healthy and in a good physical condition. We also offer massages in the finish area.

## **Online Registration**

You will know that your online registration was successful, if you receive these two information:

After submitting your registration, a second page will open with the information that your registration was successful. You will receive a confirmation email within a few minutes after completing the registration. Please make sure that you provide us with the correct spelling of your email!

In case the second page didn't open and you didn't receive a confirmation email, your registration had a default. Please note that you have to fill in all mandatory fields of the registration form. (They are marked with a little asterisk.) In the few cases that a registration didn't go through, often the check marks for the GRR questionnaire and / or the terms of participation were not set. In very rare cases the firewall of companies doesn't allow the completion of the registration.

Approximately a few minutes after your registration you can look up your name in our list of participants (Teilnehmerliste) that you can find on our website. All participants that have registered online will receive further information about the event no later than Wednesday before the marathon by mail. Please let us know if your email address has changed since your registration.

## **Pacer**

There will be pace makers within the starting corrals. They are noticeable by the "Beachflags", which they will be carrying on their back. We offer the following finisher times: 3:00, 3:15, 3:30, 3:45, 4:00, 4:15, 4:30, 5:00 and 5:30.

## **Pasta Party**

There will be no pasta party.

## **Refund**

If you are not able to participate in the Volksbank-Muenster-Marathon due to an injury, work-related hindrances or loss of employment we will not automatically refund the organizational fee to you. We will only be able to refund you if you have secured the "money-back guarantee" when registering and if the cancellation is received by 25 August 2022. The refund will only be made upon presentation of appropriate proof of the reason for deregistration.

## **Reregistration (Marathon or Hengst-Filtration-28)**

Reregistrations are possible for a fee of 15,00 Euro until August 25th. If you want to transfer your starting place to another runner, please contact us by e-mail to [info@volksbank-muenster-marathon.de](mailto:info@volksbank-muenster-marathon.de). We will then explain the procedure to you.

## **Race Kit Pick Up**

Please pick up your race kit at the Gymnasium Paulinum, Am Stadtgraben 30, 48143 Münster on the following days and times:

- Friday, 2.00pm - 7.00pm
- Saturday, 10.00am - 7.00pm
- Sunday, 7.00am - 8.30am

Please note that you are only able to pick up the race kit on race day until 8:30am. Please carefully plan your travel time on race morning. We highly recommend to pick up your race kit on Friday or Saturday! Please note that we will not send you the race kit by mail.

## **Showers / Changing Room**

There are showers and changing rooms located around the Gymnasium Paulinum, Am Stadtgraben 30, 48143 Muenster. Please follow the signs.

## **Start Corrals**

All participants will be organized into four coloured corrals at the start line at the Schlossplatz. There will be a check at the start line to ensure that every runner lines up in the right order. You will find a coloured mark on your bib number. Only runners with the official bib number are allowed to enter the starting area. Please follow the instructions of our helpers at the start to ensure a smooth line up. As we will take your chip ("real") time you won't have any disadvantages starting later than the gun time. Corral assignment will be based on the marathon personal best times. These will be as follows:

- 1st Corral: runners with a personal best of 3:00 h or faster
- 2nd Corral: runners with a personal best of 3:30 h or faster
- 3rd Corral: runners with a personal best of 4:00 h or faster
- 4th Corral: all other runners (including runners who run a marathon for the first time)

Please be at the start as soon as possible. The start will be at 9am sharp.

## **Time measurement**

The measurement is done with the timing system of Chrono-track. Therefore, free "one-time transponders" are used on the bib, which do not have to be returned. This timing system will also apply to the relays starting from 2022. A wristband must be passed on as a "relay baton", which is provided with the starting documents and must be handed in at the finish.

## Starting times

- 9.00am Volksbank-Münster-Marathon (Schlossplatz)
- 9.15am Atruvia Staffelmaraathon (Schlossplatz)
- 10.15am Hengst-Filtration-28 (Kardinal-von-Galen-Ring/Vesaliusweg)
- From 11.30am Stadtwerke Kids-Marathon (Music-School Himmelreichallee)
- 12.00 noon Charity-Run (Roxeler Straße, Münster-Roxel)
- 1.00pm Health-Run (Rüschhausweg/corner Arnheimweg in Münster-Gievenbeck)

## Toilet Facilities

Toilet facilities will be located near the Gymnasium Paulinum, start area, finish area and on course at each aid station. Please note that there might be a queue time.

## Transfer of BIB

We strictly do not allow the transfer of a bib number.

## Weather

The Volksbank-Muenster-Marathon is taking place in any weather condition.

## Your own Drinks

If you wish to have your own drinks/supplements placed along the race course you can hand them to us at the Gymnasium Paulinum, Am Stadtgraben 30, 48143 Muenster on the following days and times:

- Friday, 2.00pm -7.00pm
- Saturday, 10.00am - 4.00pm

Please note that we are only able to place your drinks/supplements at the so called "Verpflegungspunkte" (catering points) and not at the "Erfrischungspunkte" (refreshment points). You are responsible for marking your drinks/supplements. We do our best to place your drinks/supplements at the right points - however we do so without guarantee.