

NNAME	VNAME	GEBJ	AnzE	Z2002	Z2003	Z2004	Z2005	Z2006	Z2007	Z2008	Z2009	Z2010	Z2011	Z2012	Z2013	Z2014	Z2015	Z2016	Z2017	Z2018	Z2019	Z2021	Z2022	Z2023	
Abke	Reinhard	1969	13						03:56:17	03:56:29	03:27:45	03:23:39	03:42:54	03:26:54	03:18:19	03:28:16		03:27:06	03:26:36	03:26:22			03:49:35	03:44:20	
Achterkamp	Rainer	1957	11	02:45:20	02:49:33	03:18:50	02:52:08	02:56:59	03:28:48	02:52:12	03:29:11	03:04:42	03:04:08	03:35:24											
Ahmann	Franz	1962	10					03:45:27	03:27:59	03:25:32	03:23:13	03:38:38	04:09:59	03:50:21	03:53:31	03:56:39	03:48:43								
Altefrohne	Stefan	1965	13					04:25:41	03:41:08		03:37:12	03:33:41		03:47:42	03:51:25	04:06:02	03:47:56	03:32:44	03:42:20			03:51:39	03:53:47	04:03:54	
Althoff	Hans-Herman	1956	13						03:26:25	03:14:56	03:18:39	03:33:23	03:33:08			03:36:43	03:38:20	03:43:08	03:41:01		03:50:09	03:53:37	03:54:33	04:36:49	
Appel	Uwe	1964	13				03:31:21	03:33:27	03:34:23	03:22:20	03:24:04	03:42:23	03:54:00			04:07:19	03:45:45	03:48:32	03:48:04	03:55:53	03:56:59				
Arlinghaus	Thomas	1980	10									03:59:34		03:44:15	03:39:24	03:30:55	03:26:33	03:27:40	03:13:34	03:13:21	03:14:04	03:13:45			
Arndt	Andreas	1960	12					05:12:13	04:15:35	05:07:09	04:30:01			04:21:38		04:13:05	04:09:35	04:04:14	04:03:18	04:04:43	04:14:20		04:19:56		
Aubart	Mario	1971	10				03:29:09	03:18:51	03:10:39	03:11:02	02:59:01	03:06:38	03:19:52			03:28:13				03:10:15					
Auerswald	Steffen	1967	10					03:42:45	02:55:40	02:49:50		02:52:06	02:52:22	02:48:42	03:12:20	02:49:35	02:49:49	03:23:38							
Bales	Stefan	1965	18	03:58:54		03:38:06	03:20:48	03:13:47	03:53:38	03:09:15	03:12:43	03:08:20	03:34:58		03:09:19	03:14:05	04:40:43	03:20:10	03:07:52	03:01:25	03:16:52	03:06:39	03:09:27		
Ballay	Thomas	1963	11							04:17:57	04:28:29	04:28:50	03:38:28	04:46:06	03:58:54	04:16:05	04:28:22	04:22:21				04:03:02	04:25:47		
Becker	Gudrun	1967	10								03:50:47	03:56:12	03:53:18	03:51:26	03:37:27		03:44:13	03:39:13	03:46:40	03:50:46	03:44:51				
Becker	Ludger	1964	10	03:39:48	03:32:11	03:36:14	03:28:37	03:19:28	03:17:13	03:22:06	03:29:16	03:46:33	03:52:22												
Beckmann	Dennis	1977	21	03:59:38	03:40:43	04:26:51	04:10:26	03:56:20	03:38:15	03:42:12	03:52:26	03:56:46	03:56:38	03:54:03	03:28:36	03:33:40	03:25:43	03:21:58	03:27:32	03:27:50	03:23:53	03:33:57	03:16:19	03:22:34	
Beckmann	Edith	1976	19		04:38:21	04:36:10	04:17:11	04:56:16	04:39:35	04:12:20	03:57:08	04:08:36	03:53:58	04:14:57	04:13:31	04:09:10	04:07:55	03:58:31	04:11:48	04:09:36	04:20:35		04:30:36	04:54:33	
Beckmann	Hans-Bernd	1963	15		03:13:54	03:06:44	02:59:57	02:55:54	03:08:47	03:02:05	03:06:41	03:16:18	03:20:09		03:31:47	03:29:21	03:38:17	03:51:03	03:43:57	04:35:58					
Beer	Michael	1951	19	04:26:23	04:08:57	04:14:04	03:51:54	03:46:01	04:15:25	03:54:25	03:34:19	03:49:45	04:09:35	03:57:16	04:18:16	03:54:07	03:51:25	04:22:30	04:05:14			04:34:31	04:28:55	04:47:16	
Bensch	Waldemar	1976	10					03:52:56	03:23:39	03:19:04	03:23:59	03:17:59	03:37:26	03:47:06	03:23:23	03:43:28					04:03:02				
Berg	Hans-Joachim	1957	11	03:32:09	03:39:53	03:53:16				03:39:41	03:44:55	03:43:52	03:45:32	03:40:29			03:51:12			03:55:32			04:12:44		
Berg	Jörg	1961	11							04:32:03	03:40:22	03:46:11	03:33:42	04:12:29	03:45:18	04:14:13	04:13:55	03:59:18	03:59:11	03:59:41					
Berndt	Karl	1957	12	02:55:49	02:51:39	02:53:48		02:53:45		02:59:10	02:55:03	03:09:26	03:02:23	03:00:04		03:13:58	03:11:38				03:16:17				
Berndt	Andreas	1969	12							03:35:03	03:20:24	02:58:35	03:22:34										03:56:57		
Bertling	Johannes	1967	10										04:55:31	03:56:52	03:44:56	03:49:59	03:56:04	04:04:08	04:16:23	04:18:02	04:10:22			04:28:22	
Bischof	Jürgen	1961	11	02:53:08	03:04:04	03:07:49	02:59:12			03:12:18	03:38:33	03:05:39	03:09:44	03:19:01	03:39:55	03:35:05									
Bochon	Christoph	1969	12								03:33:40	03:31:58	03:48:19	03:36:29	03:53:38			03:40:13	03:49:05	03:32:13	03:34:05	03:27:58	03:22:46	03:32:37	
Boelen-Theile	Claus	1966	10		05:15:10	05:35:02		04:48:07		04:47:36		04:37:43	04:38:17	04:47:47	04:52:55		04:36:57	05:22:15							
Brämer	Jürgen	1951	17	04:54:06	04:58:42	04:42:06		03:58:09	04:14:30	04:21:59	04:24:31	04:27:23	04:00:42	04:29:24	04:42:38	04:12:36	04:33:22	04:33:08	04:14:14			04:24:14		04:46:59	
Brathe	Georg	1970	13	03:40:28				03:33:58	03:32:46	03:13:54	03:20:51		03:41:57	03:36:23		03:27:44			03:39:12	04:18:28	04:05:16		03:53:20	04:11:47	
Braun	Florian	1971	10		03:44:12			03:05:40	03:12:21	03:06:10	03:29:55			03:08:05	03:11:20			03:13:22	03:21:55		03:08:28				
Breukel	Michael	1948	12		04:37:41	05:22:37	04:09:07	03:54:13	04:13:06	04:06:43	04:29:14	04:31:50		04:53:35	04:27:56	04:00:32	03:57:22								
Brinkmann	Klaus	1964	11							04:27:47	04:23:46			04:27:02	04:20:56	04:18:51	04:26:35	04:07:49	04:04:08	04:11:22	03:58:30			04:12:11	
Brümmer	Werner	1959	10	03:31:19	03:22:08			03:17:01	03:15:59	03:16:33	03:12:45	03:22:41	03:26:31								03:41:40	03:41:08			
Brunstening	Doris	1957	12	04:12:40	03:51:05	04:03:29	03:40:36	03:51:21	03:40:12	04:09:04	03:37:46	03:37:37	03:53:52					04:02:12			03:51:44				
Büchner	Jörn	1971	10					02:57:50	02:55:57	02:52:48	02:56:26	02:57:43	03:32:19	03:06:53	03:24:43	03:09:39	03:11:35								
Buchterkirche	Klaus	1962	12		03:29:01	03:54:37				03:34:47	03:26:48				03:37:32	03:58:34	04:12:34			03:34:06	03:51:08	03:48:29	04:16:20	04:12:24	
Buer	Andreas	1966	13				04:03:51	03:58:02	03:52:01	03:51:22	03:44:32	03:58:59	03:56:10	03:59:44	03:51:34	04:15:14	03:40:52	03:58:31	03:52:33						
Bühn	Klaus	1959	16		04:25:37	04:27:38		04:20:58	03:43:10	03:56:19	03:57:17	03:58:23	03:44:28		03:50:51					03:59:19	04:13:15	04:12:02	04:15:15	04:24:06	04:12:12
Buller	Andreas	1961	10		03:57:18	04:14:32	03:42:42	03:48:32	03:37:02	03:33:59	03:37:48	03:34:45	03:36:49	04:13:58											
Buschmann	Stefanie	1965	11		04:41:08	04:27:27	04:06:48	04:09:13	04:08:34	03:49:20	03:56:21			03:59:51	03:54:57	03:58:02	03:57:07								
Cassens	Rolf	1967	20	04:26:16	04:15:04	04:25:24	04:08:53	03:43:13	03:55:09	03:44:08	03:47:16	03:46:17	03:48:20	03:53:08	03:43:48	03:34:18	03:33:57			03:48:59	03:50:32	03:34:05	03:53:37	03:44:26	03:57:30
Civka	Günter	1953	10	04:08:02								03:56:17	03:52:01	03:37:52	03:57:52	04:00:28	04:49:10	04:38:09			04:40:03	04:53:12			
Cramer	Matthias	1971	12	03:24:59	02:59:22	03:01:11	02:43:15	02:56:35	02:54:06	03:39:02	02:56:20	02:43:09	03:02:47	03:31:15								02:53:45			
Crocoll	Andreas	1968	11						04:31:33	04:03:02	03:35:30	03:21:56	03:18:41	03:33:28	03:27:48	03:32:46	03:29:54	03:39:52	04:24:03						
Dahlhaus	Winfried	1959	15	04:07:25	03:37:28		03:54:09		03:32:11	03:30:14	03:28:07		03:41:00	03:28:47	03:45:20					03:58:03	04:46:25	03:58:22	04:01:44	04:08:18	04:42:26
Danneberg	Jürgen	1965	12	03:52:40	04:04:46	03:43:27	03:51:11	03:27:47	03:26:36	03:27:39	03:21:08	03:28:53	03:48:35	03:55:14						03:47:03					
De Bona	Pierino	1965	10	02:47:59	02:42:54	02:52:43	02:35:47	02:38:06	02:43:57	02:43:46	02:44:03	02:49:24	02:49:16												
Dewald	Jürgen	1962	1																						

NNAME	VNAME	GEBJ	AnzE	Z2002	Z2003	Z2004	Z2005	Z2006	Z2007	Z2008	Z2009	Z2010	Z2011	Z2012	Z2013	Z2014	Z2015	Z2016	Z2017	Z2018	Z2019	Z2021	Z2022	Z2023	
Eberhard	Michael	1956	12	03:25:00	03:14:07	03:19:25	03:09:15	03:12:45	03:09:22	03:14:05	03:12:46	03:16:51	03:46:08						03:23:16	03:20:00					
Effkemann	Günter	1960	18	03:23:35	03:25:59	03:29:55	03:26:54	03:27:54	03:28:25	03:53:46	03:44:54	03:54:26	04:32:00	04:18:06	04:07:23	04:13:51	04:09:45	04:47:46	04:33:55	04:31:30	05:01:21				
Egen	Bernhard	1959	10		04:00:21	03:51:44	03:45:48	04:08:10	03:43:56	04:09:10	03:53:33	04:10:45	04:22:44	04:33:36											
Eggenhaus	Margret	1948	10	04:19:20	04:12:56	04:15:43	04:06:46	04:09:45	04:14:41	04:24:55	04:11:41	04:25:51	04:35:15												
Ehrllich	Markus	1970	12		04:53:06	04:50:02			03:41:09	03:23:18	03:27:04				03:31:02	03:35:09	03:53:45	04:07:34	04:19:39	04:25:36	04:22:55				
Elbeshausen	Hans	1953	13	04:27:29	03:59:39	04:26:05	04:09:25	04:12:24	03:59:19	04:18:15	04:28:07	04:14:48	04:36:54	04:55:22	04:22:35	04:57:21									
Elsing	Andreas	1969	10		04:23:17	04:11:10	03:58:56	04:18:11	04:22:01	04:28:34	04:08:44	04:18:32						04:13:17	04:29:46						
Elsingerhorst	Detlev	1972	19	03:18:00	04:35:01	03:17:58	03:00:45	03:13:58	02:57:12	03:22:41	03:19:46	02:57:26	02:59:01				02:58:31	02:59:09	02:54:17	03:11:53	03:20:39	03:13:26	03:35:47	03:04:47	03:00:45
Ender	Christian	1959	13		03:50:57					03:30:24	03:32:51	03:25:35	03:34:37	03:37:38	03:34:33	03:23:30				03:27:34	03:28:22	03:42:07	03:38:49		03:58:42
Engler	Jenny	1974	12							04:42:20				05:01:29	04:43:49	05:02:19	04:45:05	05:08:41	04:28:52	04:26:03	04:30:23	04:20:59	04:16:50	04:23:21	
Erdenberger	Ute	1973	14	04:49:18	04:15:48				03:49:46	03:41:48	03:56:20	03:39:58				03:47:42	03:50:08	03:46:21		03:55:09	03:52:29	03:39:03		03:51:30	04:07:08
Ernst	Martin	1965	18	04:02:23	04:27:46	04:32:31			04:33:48	04:23:18	04:28:52	04:39:56	04:33:40	04:36:04	04:23:50	04:26:51	04:25:42	04:23:54	04:28:41	04:22:15	04:30:03	04:28:41	04:29:23		
Erthel	Annette	1957	11		05:03:46	04:53:49		04:28:37	04:42:33	04:29:53	04:27:50	04:38:23	04:32:41	04:52:16	04:20:53	04:53:04									
Falke	Bernhard	1962	15		04:07:25	04:05:49	03:48:32	04:03:49	03:53:57	03:55:44	04:18:05	04:26:58	04:24:47	04:35:58	04:41:07				04:44:07	04:46:10	04:50:06	04:46:42			
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Fechtrup	Christian	1961	15	04:44:10	03:52:04	03:59:18	03:42:38	03:38:39	03:47:59	03:43:27	03:31:43		03:40:44	03:37:19	03:37:10	03:52:53	03:35:09	03:55:34	03:44:32						
Feder	Uwe	1965	15				04:03:30	04:05:18	03:51:16	03:52:32	03:53:11	04:28:30	04:38:21				03:56:54	03:58:33	04:04:22	03:37:17	04:11:15	04:08:40	04:13:19	04:32:06	
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Fernandes	Rafael	1961	21	04:40:37	05:10:34	04:27:09	04:25:46	03:54:11	03:37:45	04:41:12	03:35:19	03:51:57	05:42:55	04:30:49	04:38:25	04:28:04	04:28:36	04:39:24	04:48:34	04:39:58	04:44:11	04:59:20	04:55:36	05:41:31	
Feyerabend	Maria	1954	15	03:30:39		03:37:07	03:33:34	03:20:35	03:21:03	03:23:39	03:27:16	03:24:21	03:40:25	03:40:55	03:31:29	03:37:50	03:36:59	03:45:27	03:45:09						
Fischer-Behnen	Achim	1956	19	03:16:51	03:21:04	03:54:45	03:20:31	03:31:42	03:27:34	03:26:33	04:05:55	03:43:21	04:35:35				03:53:50	03:46:15	04:27:17	03:57:22	04:12:10	04:18:02	04:21:57	04:11:06	04:23:53
Fliß	Hermann	1961	18	04:05:07	03:30:11	03:19:18	03:16:48	03:45:24		03:08:08	03:17:36	04:06:17	03:56:24	03:30:16	03:29:50	04:02:09	03:51:27	03:43:44	04:12:27	04:10:19	03:53:38			04:51:34	
Fliß	Ludger	1957	13	04:48:12	04:39:57	04:24:42	03:58:43	04:02:18	03:47:01	03:43:19	04:03:03	04:12:41	03:53:23	04:37:47	03:59:57	04:20:41									
Floer	Stefan	1972	10		04:08:38	03:59:47	03:57:48	03:29:49		03:45:12	03:20:30	03:25:48	03:59:46	03:46:51				03:53:20							
Fohrmann	Reinhard	1969	10				03:55:52	03:54:18	03:38:46		03:39:34	03:26:43	03:42:55	03:52:03	03:56:18				04:06:15	03:57:09					
Fontein	Nils	1975	10					03:35:54		03:28:59		03:23:22	03:36:13	03:44:06	03:19:22				03:22:10		03:17:19		03:26:20	03:22:06	
Franke	Frank	1976	14	03:59:05	04:24:38	03:34:43		03:40:17	03:33:03	03:28:39	04:06:54	04:06:53	04:13:29	04:33:58	03:57:43	04:06:18	04:40:21	04:38:10							
Frisse	Petra	1973	11											04:28:02	04:53:11	04:33:49	04:32:07	04:58:46	04:59:38	04:44:11	04:40:09	04:56:20	05:08:21	05:09:19	
Fritsche	Werner	1959	19	03:22:46	03:20:23	03:40:42	03:17:10	03:14:57	03:34:22	03:28:07	03:36:39	03:33:13	04:19:25	04:13:40	04:27:29	04:32:14	04:20:44	04:41:59	04:39:03	04:55:31	04:52:50	05:25:20			
Froning	Ansgar	1965	11	03:46:22	03:29:07	03:59:14	03:17:54	03:36:09	03:19:03	03:25:29	03:41:29	03:22:12	03:48:53	04:16:26											
Führmann	Nils	1979	16	04:28:19	04:10:00	04:14:47	04:08:05		03:51:56	04:15:18			04:40:21		04:14:56	04:23:43	04:24:38	04:19:33	04:10:37	04:23:02	04:39:13	04:20:06	04:24:24		
Gassmann	Bärbel	1957	10					03:53:18	03:48:46		04:19:42	04:10:11	04:12:27	04:09:24		04:06:20	04:14:08	04:13:18	04:13:34						
Gehltomholt	Petra	1967	10									04:37:18	04:18:41	03:56:23	03:55:19	03:57:12	04:14:11	04:03:46	04:06:35	04:03:32	04:15:21				
Geißler	Hendrik	1976	11								04:14:55	04:12:49		04:05:46	03:50:06	03:37:33				03:48:02	03:35:14	03:26:34	03:37:13	03:34:34	03:39:59
Gellern	Frank	1970	11	04:07:09									04:18:02		03:56:36	04:17:28			04:32:55	04:10:50	04:22:59	04:24:03	04:34:49	04:37:27	04:47:25
Gerdas	Matthias	1969	10	04:40:52		04:26:32	03:53:26		03:12:34	04:28:56	03:41:14	04:14:37	04:48:18						04:16:39						05:18:25
Gergs	Dr. Ulrich	1966	13	04:52:02	04:07:16	03:42:38	03:49:12	03:48:11	03:41:48	03:39:27	03:40:15	04:15:25	03:54:29	04:47:14	04:23:32	04:22:10									
Gerick	Beate	1962	10					04:35:19	04:34:18	04:29:44	04:28:48	04:34:25	05:00:45	05:14:32	04:54:23	05:05:38	05:13:57								
Giehler	Günter	1957	17	02:49:50	02:43:01	03:11:06	02:46:23	02:52:18	02:46:29		03:03:54	03:05:50	03:06:42	03:25:38	03:31:48	03:27:33			03:51:04	03:54:26	04:28:49	04:00:42			
Glasbrenner	Bernhard	1962	11								04:08:41	03:56:50	03:59:15					03:53:51	03:42:09	03:32:10	03:39:20	03:37:46	03:39:00	03:27:31	03:30:19
Glöckner	Wolfgang	1959	21	04:12:59	04:32:59	04:41:44	04:35:50	04:37:14	04:14:53	04:36:38	04:15:27	04:51:23	04:49:56	04:59:33	04:40:04	05:14:03	04:46:08	04:56:30	05:01:27	05:02:13	04:48:02	05:22:13	04:39:54	05:19:07	
Goddemeier	Heinz	1956	10	03:34:56	03:31:25	03:54:41	03:23:43	03:39:22	03:48:50	03:38:01	04:20:55	03:51:10	05:07:53												
Götz	Manfred	1950	20	03:49:48	03:16:59	03:51:07	03:14:38	03:39:47	03:39:26	03:57:03	03:53:30	03:39:15	03:52:53	04:14:03	03:53:48	03:56:04	04:37:15	05:08:55	04:45:25	05:18:26	05:30:10	05:22:41	05:23:10		
Gramann	Andreas	1966	14	03:43:17	03:47:52	03:57:53	04:02:05	03:54:36	03:52:11	04:01:52	04:07:25	04:14:32	04:30:49	04:39:46	04:37:30				04:34:16	05:06:42					
Gräwe	Detlef	1953	20	03:29:12	03:33:04	03:15:30	03:36:51	03:31:09	03:25:15	03:22:28	03:49:37	03:58:52	04:15:09	03:57:27	03:43:41	04:07:12	04:15:20	04:11:37	04:02:40	04:30:19	04:25:34	04:58:00	05:29:15		
Greshake	Tomas	1960	12	03:43:10	03:13:40	04:09:57	03:09:57	03:48:44		03:20:54	03:19:13	03:37:44	03:50:24	03:49:30	03:36:35										
Grewes	Peter	1956	14	03:55:45	03:48:49	03:57:52	04:11:52		03:45:46	03:58:23	03:49:59		04:25:41	04:16:54	03:59:16	04:10:21				05:01:13	04:24:08	04:32:24			
Griese	Berthold	1965	21	03:34:24	03:31:59	03:30:35	03:37:44	03:22:29	03:43:00	03:28:30	03:23:40	03:42:44	03:52:57	03:42:11	0										

NNAME	VNAME	GBEJ	AnzE	Z2002	Z2003	Z2004	Z2005	Z2006	Z2007	Z2008	Z2009	Z2010	Z2011	Z2012	Z2013	Z2014	Z2015	Z2016	Z2017	Z2018	Z2019	Z2021	Z2022	Z2023
Hallau	Frank	1972	14		04:40:06	04:29:58	03:56:20	03:48:39	03:42:37	03:35:51	03:22:40		03:49:07		03:50:16	03:49:55	03:48:51	04:03:00		03:44:33	03:52:42			
Hampel	Marco	1973	21	04:16:52	04:11:17	03:37:16	03:29:18	03:13:43	03:00:19	02:57:32	02:52:37	03:04:56	03:19:31	03:46:51	04:22:49	04:25:04	04:41:25	05:31:18	05:19:50	04:36:51	04:23:03	04:08:52	04:33:49	05:14:37
Hars	Susanne	1966	13				04:13:19	04:19:19			04:02:13	03:53:05	04:01:13	04:02:27	03:34:58	03:33:01	03:40:15	03:46:39	03:44:18	04:02:50	03:50:10			
Heckl	Jens	1967	12		04:21:47	04:41:26	04:29:10	04:23:38	03:50:05	03:50:34	03:44:46	04:17:12	03:55:20	03:51:31	03:44:24				03:55:30					
Heeger	Peter	1961	14					03:34:41	03:22:08	03:25:51	03:21:06	03:30:22	03:29:03	03:32:56	03:22:53			03:25:41	03:34:02	03:31:54	03:51:58	03:43:02	04:09:39	
Hein	Manfred	1960	10			03:55:14	03:58:39	04:08:13	03:45:42	03:35:03	03:48:45	03:48:02	03:48:54	03:39:00	03:46:09									
Heisterkamp	Karl	1945	21	03:56:45	04:02:02	04:23:43	04:15:20	04:11:44	03:53:15	04:10:38	04:09:08	04:17:19	04:24:09	04:21:32	04:15:09	04:41:04	04:32:50	04:55:32	04:29:21	04:52:20	04:57:59	04:52:21	04:55:52	05:27:40
Heitkamp	Ralph	1963	11		05:23:57	04:46:39	03:54:21	04:11:23	03:56:40	04:12:58	04:17:52	03:57:58	04:12:24	04:26:53	04:12:52									
Hensen	Gregor	1972	13	04:11:57	04:04:30	04:05:45	03:54:39	03:55:03	03:55:40	03:54:13	03:56:42	04:01:23	04:15:23	04:18:42	03:57:30	03:58:49								
Herbert	Stefan	1970	11								03:52:36	03:51:19	03:27:21	03:25:27	03:13:15	03:25:59	03:13:31	03:20:31	03:24:17	03:13:43	03:13:30			
Herbst	Jan Martin	1982	12	03:45:10	03:43:19			03:48:39	03:42:53	03:25:29	03:04:31	02:58:03	03:03:11	02:57:22	03:23:23				03:59:35				03:39:29	
Herke	Steffen	1971	12					03:22:10	03:11:42	03:08:21				03:11:40	02:59:48	03:03:10	03:29:04	03:09:00	03:14:05		03:29:36		03:15:44	03:14:59
Hertz	Gisela	1955	11	03:47:25	04:02:54	04:23:29	04:07:37		04:12:50	04:32:02	04:12:48	04:38:37	04:26:46		04:23:54									
Heuer	Barbara	1963	10						04:28:12		04:10:16	04:06:24	04:12:38	04:18:00		03:57:53	03:57:47	04:06:50		04:06:44			04:34:51	
Hoffmann	Isabel	1985	10								05:24:40	05:19:20	04:10:22	03:58:58	04:49:39	05:12:16	04:58:15	05:29:18	05:36:00	05:50:35				
Hölscher	Michael	1964	11				04:22:19	04:29:23		04:32:02	03:58:46	04:07:38	03:54:07		03:58:08		04:17:27	04:04:36					05:05:34	05:21:16
Hölscher	Werner	1959	14	03:02:04	03:05:54	03:13:58	02:57:40		03:07:28	03:00:52	03:07:30	03:06:10	03:17:47			03:25:08	03:28:34	03:40:16			03:27:53			03:56:53
Honerpeik	Reinhard	1966	11	04:32:39	03:55:09	04:00:15	03:52:05		03:42:40	03:43:32	03:41:53	03:43:55		04:06:20	04:12:29	04:06:51								
Huelmann	Frank	1972	12	02:57:10	03:12:09	03:42:43	03:38:37		03:28:22	03:28:53	03:35:53	04:14:13	03:53:02	03:32:53	03:28:32	03:47:12								
Huerkamp	Peter	1958	10	04:19:39	04:35:39			04:28:44	04:55:51	04:33:21						05:31:38	05:37:21	05:31:12	06:02:35	05:52:45				
Huesker	Bernd	1949	13		03:50:36	03:43:43	03:20:14	03:15:31	03:53:29	03:27:42	03:06:43	03:08:57	03:26:59		03:20:45					03:35:02	03:33:45	03:40:15		
Hülsmeier	Werner	1951	12	03:55:22			04:16:13	04:07:10	04:02:03	04:36:58	04:07:38	04:06:49	04:33:09		04:22:23	04:27:03	04:22:49	05:00:35						
Huth	Thorsten	1962	15			04:23:31	04:26:13	04:29:12	04:28:45	04:28:10	04:28:52	04:28:35	04:28:33	04:12:30	04:27:34	04:28:25	04:42:20	04:29:15	04:35:43	04:41:38				
Ickert	Oliver	1967	14	03:25:03	03:10:26	03:29:01	03:51:06	03:21:33	03:45:21	03:48:45	02:55:29	02:58:35	03:27:31	03:04:20	03:09:30	03:16:09		03:09:36						
Igelbrink	Hans Peter	1963	11	02:59:08	02:51:40	03:38:23	03:51:05	04:20:49	03:07:06	03:32:57	03:12:54	02:55:46	02:57:50											03:58:11
Igner	Uwe	1969	13					04:31:33	04:09:33	04:01:27	04:16:01				04:05:41	04:00:39	04:01:52	04:21:13	04:21:32		04:24:14	04:35:22	04:26:45	04:40:21
Ishida	Masafumi	1974	12						04:25:51	04:08:53		03:27:34	03:18:34		03:06:07	03:32:15	03:12:54	03:43:54			03:18:30	03:43:30	03:49:01	03:44:21
Janssen	Dr. Bernhard	1960	11	05:14:21	04:27:06	04:21:11	04:16:43	04:11:15	04:01:46	04:06:22	04:10:11	04:36:56	04:28:39	04:52:35										
Jaspermeite	Horst	1953	17	04:01:05	03:55:13	03:53:05	03:50:40	04:24:08	03:40:31	03:54:59	03:58:59	04:02:55	04:24:00	03:57:20	04:11:43	04:13:45	04:13:29	04:39:24	04:27:16	05:17:59				
Jermis	Dieter	1956	11		03:19:39	03:12:58	03:01:18	03:14:26	03:24:08		03:17:19	03:10:12		03:27:43	03:27:23	03:26:04				03:42:29				
Jücker-Deifuß	Christine	1968	11		03:42:14			03:33:36	03:30:37	03:27:51	03:30:29	03:37:41	03:56:05	03:56:54	03:53:10	03:57:44		04:45:27						
Junker	Gerd	1956	18	03:57:59	04:19:23	04:38:49	04:13:08	04:21:26	04:53:20	03:53:08	04:24:56	04:54:00	04:08:16	04:59:34	05:10:13	03:59:06	04:40:46	04:52:46	05:11:39	05:34:03	05:26:09			
Kähler	Enno	1965	12	04:25:43	04:08:02	03:50:49			03:28:17	03:24:47	03:42:58	03:45:00	03:34:41	03:37:21						03:32:39		03:41:29	03:46:30	
Kaiser	Daniel Sean	1962	13					03:54:29	03:52:44	04:01:48	04:08:37	03:51:16	04:30:44	04:38:52	04:32:12	04:22:28	04:48:16	04:18:48		05:06:55				
Kaiser	Peter	1955	15	03:42:08	03:27:36	03:42:05	03:40:34		03:42:10	03:56:45	04:13:32	04:11:08	04:36:04	04:04:12		04:09:18				04:55:46	04:26:57	04:48:11	04:25:45	
Kampert	Martin	1965	11			05:26:48	04:35:14	04:36:26	05:04:18	04:07:35	03:54:25	04:10:31	05:03:36	05:05:03	04:39:44		05:19:57							
Karneth	André	1967	11	02:47:03	02:46:34		02:44:31			02:47:07	03:06:20	03:05:55	03:12:50	02:54:48			03:30:03		03:34:00				03:25:22	
Kasprik	Michael	1976	13								03:27:08	03:15:19	03:31:40	03:05:59	03:03:05	03:04:17	02:59:20	03:08:34	03:22:54		02:59:23	03:11:05	03:16:54	03:13:53
Kaul	Ansgar	1961	12	03:35:41	03:56:06	03:48:22	03:28:23	04:15:03	03:28:36	03:53:52	03:57:16		04:57:59	04:27:28	04:38:15		04:38:12							
Keggenhoff	Reinhold	1955	11	03:39:35	03:40:14	03:35:28	03:23:55	03:41:59		03:53:41	04:00:44	04:46:45	04:14:20	04:07:10	04:26:37									
Kemper	Sandra	1968	21	04:17:58	03:54:15	04:03:18	03:49:22	03:53:18	03:59:12	04:35:41	04:52:00	04:10:05	04:03:16	05:08:47	04:12:03	03:59:22	04:10:13	04:03:47	04:20:14	04:15:41	04:04:59	04:23:46	04:19:06	04:24:48
Kiemann	Ralf	1969	10						04:32:45	04:25:24	04:42:39	04:29:37	04:39:10		04:17:22			04:15:21		04:18:33	04:24:45	04:22:26		
Kiffmeier	Ulrich	1962	11		03:30:32	03:18:54	03:16:21	03:07:10	02:59:08	03:08:53	02:59:18				03:07:49		03:15:12		03:16:09	03:13:49				
Kirschsieper	Lothar	1948	20	03:27:12	03:28:25	03:41:10	03:20:27	03:29:09	03:24:55	03:20:50	03:25:53	03:27:43	03:25:51	03:58:18	03:27:28	03:31:35	03:34:55	03:54:20	03:50:39	03:56:53	03:47:46	03:51:55	04:26:50	
Kisse	Stefan	1974	11								03:32:36	03:29:56	03:25:10	03:16:34	03:35:06		03:29:34	03:33:29	03:22:05	03:42:54	03:39:33	03:49:05		
Klense	Andreas	1961	12		03:14:05	03:51:02			03:26:53		03:18:40		03:24:10	03:48:52	03:26:44		03:16:15			03:19:39	03:33:25	03:25:25		
Klimaschka	Robin	1971	12								04:03:52	03:37:19	03:52:07	03:41:12	03:16:41	03:27:46	03:15:34	03:37:05	03:22:28	03:05:47			03:22:51	03:23:49
Kloweit-Herrmann	Dr. Manfred	1939	10	04:57:22	05:08:34	05:20:52	04:55:31	05:13:07	05:03:26	05:29:13	05:36:21	05:36:21	05:38:34											
Knebelkamp	Michaela	1975	10								04:24:22	04:16:25	04:10:48	04:10:29	04:06:30	04:01:58	04:04:11	04:19:32	04:12:19		04:05:01			
Knein	Peter	1962	11	03:06:30	03:11:24	03:23:26	03:13:20	03:12:26	03:10:41	03:11:14	03:21:57				04:10:59		03:51:07			04:07:21				
Koch	Heike	1962	21	04:10:08	04:05:58	04:10:33	03:50:07	03:52:59	03:52:11	03:58:48	03:47:30	04:10:13	04:05:54	04:23:46	03:56:15	03:56:09	04:40:43	04:02:17	04:17:38	04:15:44	04:05:04	03:53:07	04:16:19	04:13:34
Koch	Herbert	1954	15	04:49:29	04:56:47	05:14:29	05:27:04	04:32:51	04:42:02	05:04:10														

NNAME	VNAME	GEBJ	AnzE	Z2002	Z2003	Z2004	Z2005	Z2006	Z2007	Z2008	Z2009	Z2010	Z2011	Z2012	Z2013	Z2014	Z2015	Z2016	Z2017	Z2018	Z2019	Z2021	Z2022	Z2023
Korobejnikov	Vladimir	1955	14	03:40:31	03:20:58	03:26:05	03:25:57	03:25:17	03:18:37			03:29:04	04:00:14	03:41:08	03:46:55		04:01:29	03:56:47	04:56:47	04:30:53				
Kösters	Clemens	1959	15	03:23:04	03:07:43	03:02:19	02:59:22	02:56:04	02:55:43		03:04:45	03:14:32	03:16:45	03:19:48	03:11:46		03:23:31	03:22:15	03:23:44	03:20:47				
Krampe	Sebastian	1984	10										03:27:20	03:05:59	03:05:51	03:11:38	03:03:14	03:04:57	03:17:17	03:28:38	03:33:22	03:27:38		
Krantz	Karsten	1968	11	04:05:07	03:57:12	03:57:40				03:53:47	04:20:52	03:59:34		04:09:17	03:55:58	04:14:45			04:28:47	04:33:52				
Kröger-Allen	Neil	1965	17	05:02:31	04:46:37	05:03:26	04:38:15	05:05:12	04:57:03	04:43:38	04:49:53	05:01:14	05:08:38	05:33:12	04:49:34	04:52:42	04:50:55	05:51:24	05:06:00	05:09:28				
Kröninger	Peter	1951	20	04:29:03	04:49:48	04:54:06	04:29:43	04:31:01	04:38:50	04:27:49	04:59:11	04:54:06	05:18:02	05:26:31	05:31:16	04:47:12	05:02:51	05:18:19	05:11:35	04:59:13	05:09:36	05:25:31	05:36:59	
Kückelmann	Rolf	1950	19	04:28:55	04:23:06	04:05:08	04:18:43	04:00:18	03:58:11	04:13:35	04:14:00	04:25:15	04:36:14	05:06:50	04:05:35	04:42:57	05:00:56	05:01:39	04:28:02		05:16:14	05:23:38	05:45:36	
Kuhlmann	Christoph	1966	18	03:27:51	03:30:03	03:34:14	03:16:38	03:25:19	03:46:01	03:42:21	03:52:39	04:09:59	03:59:53	03:57:12	03:47:59	04:06:29	03:43:50	03:56:58	03:52:01	03:50:46	03:56:13			
Kwiatkowski	Wilfried	1965	10		03:57:24	03:56:42	03:42:59		03:52:33		03:54:50		04:01:41	04:02:22			04:10:52	04:08:41		04:16:56				
Lagemann	Maik	1975	11	03:25:59	03:21:57	03:45:14	03:30:27			03:53:16	03:33:12	03:34:30	03:57:05	03:55:28		03:35:22	03:22:02							
Lammerding	Matthias	1968	17	04:19:40	03:46:44	04:05:39	03:56:04	03:58:12	04:34:55	03:59:47	04:27:58	05:10:04			05:23:36	04:56:58	04:45:57	05:03:38	04:38:36	05:00:20	05:25:55	05:43:39		
Lammerding	Ralf	1963	13						03:55:09	03:37:26	03:42:06	03:45:01	03:54:12	03:44:42	03:33:53	03:45:03	03:43:43	04:05:38	03:46:56		03:54:13	03:59:27		
Lammers	Bernhard	1964	13	03:33:33	03:46:24	03:48:58	03:27:00	03:44:09	04:09:01	03:53:25	04:15:15	04:28:34	04:49:49	04:07:40	04:06:32		04:28:29							
Lammers	Dieter	1969	12	03:38:33	03:48:10	03:37:05	03:34:00	04:00:07	03:57:31	04:02:02	04:17:19	04:21:59	04:12:54	04:22:33		04:28:31								
Lammers	Michael	1977	10	04:15:28	04:02:37	03:52:13	03:42:51	03:21:51	03:19:35	03:18:38	03:34:26	03:36:49	03:29:36											
Lange	Stefan	1979	16	03:46:37	04:59:50	04:39:41	04:06:33	04:49:05	04:42:33		04:14:31	04:52:30	04:21:33	05:14:40	04:37:39	04:57:36	04:53:35	05:28:13	05:17:17			05:21:29		
Laqua	Gerhard	1963	12	03:20:28	03:49:26	03:19:18		03:22:54	03:18:39	03:19:06	03:35:02	03:23:03	03:42:39	04:29:07	03:44:25	04:06:16								
Last	Markus	1976	10	03:28:02	03:18:33	03:16:48	03:17:34	03:20:10	03:12:17	03:24:14	03:19:59	03:19:44	03:42:34											
Lechtermann	Ulrich	1963	10	03:55:15	03:49:38	04:30:24	03:36:58	03:42:14	03:45:28	03:41:02	03:48:30	03:57:29	04:31:59											
Leifer	Peter	1968	13	03:33:07	03:56:06	03:46:20	03:25:05	03:59:32	03:37:35	04:19:20	03:27:23	04:15:50	04:02:46	04:02:49	04:12:54	04:33:31								
Leising	Reinhard	1965	12					04:12:02	03:52:06	03:42:49	03:41:18	03:44:17		03:31:43	03:28:42	03:28:39	03:43:00	03:58:09	03:38:59	03:43:15				
Leiföing	Andreas	1964	12		03:52:08	03:36:07	03:36:05	04:25:54	02:58:59	02:55:36	02:57:53		03:08:18	03:14:29			03:29:02	03:09:45	03:27:19					
Leonard	Peter	1964	13	03:08:24	03:04:49	03:22:44		02:55:26	02:59:36	03:09:49		02:55:46		03:29:46		03:19:19		03:41:53	03:42:01	03:32:42			03:43:46	
Liegmann	Günter	1955	13	03:48:15					03:50:08	03:40:51	03:37:54		03:49:29	04:32:08	03:47:11	04:20:35	04:39:34		05:14:32	04:47:31		05:22:49	05:48:17	
Lindemann	Norbert	1963	15	03:08:26	02:59:53	05:02:34	02:54:18	02:57:21	02:52:19	02:56:47	02:58:07	03:07:13	03:11:09	03:13:42	03:10:50	03:08:08	03:09:14	03:23:07						
Löbbers	Daniel	1980	11	04:04:25	03:35:49	03:36:50	03:12:20	03:25:28	03:14:02	03:15:49	03:11:14		03:15:25		03:15:46				03:12:47					
Löchte	Christel	1955	10	04:01:07	04:09:17	04:14:49	04:14:16		04:23:36	04:14:12	04:10:37	04:15:40		04:38:15						04:45:31				
Löckemann	Markus	1972	18				03:49:01	03:54:41	03:49:49	03:38:13	03:17:07	03:22:20	03:30:54	03:36:28	03:24:19	03:38:48	03:26:58	03:31:42	03:28:23	03:22:08	03:04:55	03:18:17	03:12:58	03:17:52
Loddenkötter	Stefan	1965	18	04:37:28	04:53:34	04:57:42	04:08:30	04:28:25		03:51:27	04:13:55	04:17:13		03:57:29	03:46:46	03:56:38	04:09:23	03:53:18	03:40:05	03:33:44	03:33:08	03:24:15	03:52:29	
Lohscheller	Ralf	1959	10	03:57:32	03:54:30	03:52:07	03:52:13	03:43:04	03:38:57	03:29:58	03:45:33	03:41:31	03:52:48											
Lübbing	Frank	1964	12				03:38:39	03:30:48	03:32:53	03:35:47	03:33:55		03:58:40	04:00:03			03:58:56	03:59:11	04:10:01	04:06:11		04:15:33		
Lübbert	Oliver	1964	21	04:09:28	03:47:00	03:30:39	03:22:28	03:14:58	03:04:46	02:58:32	02:58:19	03:07:58	04:08:21	03:16:46	03:22:42	03:40:50	03:53:06	03:59:50	04:21:14	04:15:15	04:59:21	04:24:36	04:40:25	04:15:39
Lücke	Benedikt	1968	12	04:34:03	04:59:07	04:49:57	04:21:46	04:08:52	04:04:05	04:06:21	04:11:19		04:26:54	04:30:46	04:27:45	04:46:52								
Luig	Martin	1972	21	03:33:07	02:55:29	03:02:41	03:02:16	03:01:20	02:58:15	03:06:29	03:21:57	03:28:11	03:36:06	03:33:33	03:37:55	03:55:45	03:51:39	04:23:40	04:29:00	03:18:48	03:30:49	03:50:29	03:17:34	03:49:12
Lütke Schelhowe	Hermann	1950	18	04:10:15	03:47:06	03:54:24	03:45:30		03:36:31	03:43:41	03:37:06	03:49:33	03:44:20	03:45:28	03:42:06	03:48:37	03:46:57		04:05:59	04:07:46	04:03:42	04:07:37	04:27:37	
Lütke Schute	Siegfried	1959	11				03:43:54	03:46:40	03:37:03	03:40:55	03:28:38	03:27:17	03:26:58	03:37:51	04:10:00					04:20:05		04:25:30		
Madry	Dr. Norbert	1954	11	03:02:21	02:59:31	03:08:36	03:18:50	03:19:01	03:11:45	03:11:41	03:22:33	03:29:07	03:28:39	03:29:46										
Mai	Christian	1965	21	04:42:56	04:06:54	03:54:07	03:48:22	03:56:21	03:46:22	03:58:40	03:51:38	03:59:11	04:44:58	04:27:31	03:57:43	03:57:32	04:14:36	04:58:00	04:13:40	04:16:06	04:51:23	04:01:49	04:29:51	04:54:07
Maiwald	Holger	1970	14	03:52:19	03:40:50	03:58:10	03:13:22	03:17:16	03:09:30	03:12:03	03:57:00	03:19:20	03:33:30	04:18:14	03:56:56	04:17:17		03:59:17						
Mangelmans	Christoph	1983	15		04:44:37	05:07:58	04:25:10			03:55:20	03:30:31	03:50:40	03:48:14			03:55:27	04:07:27	03:52:53	03:42:36	03:35:55	03:37:21	03:21:02	03:21:45	
Mariani	Giuseppe	1965	13		04:32:40	03:34:54	03:31:25				03:45:16	03:54:40		03:52:36	04:08:10	03:47:28		03:52:00	03:56:35	03:55:23	04:10:14		04:38:12	
Marquardt	Christof	1968	11							02:45:08		02:44:17	02:42:34		02:49:28	02:46:17	02:47:12	02:48:35	02:55:35	03:07:48	02:58:01	03:02:11		
Mastrogiacomi	Angelo	1960	13	04:23:23	04:08:57	04:50:52	04:27:00	04:17:12	04:40:45	05:27:27	04:43:12	05:22:24	05:09:24		04:57:17	05:09:21								
Mecking	Almut	1955	10	04:21:16	04:25:37	04:23:07		04:25:44		04:12:36	04:16:34		04:46:17	05:03:56						05:06:55	05:10:27			
Menke	Gerhard	1955	10		04:14:44	03:51:30	03:36:59	03:42:02	03:19:57	03:23:44		03:22:24		03:40:27	03:37:27	03:39:37								
Menßen	Barbara	1976	11	04:00:19		04:00:47				04:31:50					03:59:40		03:52:35	03:44:02	03:43:47	04:02:12	03:45:25	03:44:07	03:37:32	
Michels	Manfred	1966	21	04:25:28	04:14:36	04:22:35	03:54:24	04:08:25	03:58:18	04:06:41	04:12:50	03:57:15	03:45:54	03:45:20	03:43:38	03:40:17	03:45:56	03:48:58	03:54:34	03:58:55	04:03:40	04:14:45	04:21:42	04:29:57
Miklasz	Volker	1968	14	03:21:55	03:07:55	03:35:22	03:05:51	03:10:37	03:07:51	03:10:41	03:22:58	03:24:18	03:35:53	03:45:17	03:18:42	03:15:24	03:18:56							
Möcklinghoff	Heiko	1967	12							04:23:23	04:13:04	04:11:21	04:23:04	03:57:50	03:58:35	04:05:25	04:08:01	03:45:04	03:53:15		03:49:07	04:21:58		
Mohnberg	Hans-Peter	1947	15	04:33:07		04:02:40	03:49:06	03:51:07		03:43:17	04:02:27	04:29:20	03:57:48	04:14:12	04:07:35	04:31:44	04:29:11</							

NNAME	VNAME	GEBJ	AnzE	Z2002	Z2003	Z2004	Z2005	Z2006	Z2007	Z2008	Z2009	Z2010	Z2011	Z2012	Z2013	Z2014	Z2015	Z2016	Z2017	Z2018	Z2019	Z2021	Z2022	Z2023
Nordhoff	Marcus	1969	13									04:19:22	04:00:11	03:53:20	03:49:42	03:53:00	03:54:39	03:41:47	03:43:42	03:44:07	03:41:36	03:38:34	03:43:12	03:55:20
Oelsner	Malte	1967	13		03:32:03			03:06:37	03:01:39	03:01:39	02:58:40			03:17:25	03:25:22			03:39:08	03:26:59	03:25:15	03:56:15	03:39:27	03:53:56	
Öing	Thomas	1967	11	03:29:28	03:16:11	03:36:38	03:29:21	03:43:32		03:35:40	03:15:05		03:29:13	03:37:21			03:34:36				03:58:31			
Hildegard	Hildegard	1965	12						04:18:28	04:03:22	03:56:30	03:54:56		03:48:26	03:45:47	03:42:02	03:42:13	03:47:51	03:42:53	03:49:07	03:48:14			
Ostermann	Thomas	1967	12	04:51:56	04:29:17		04:28:46	04:44:09	04:03:16	04:36:52	04:11:31	04:33:14	04:15:12			04:51:08	04:15:12	04:30:54						
Othmer	Andreas	1972	20		04:31:30	04:40:46	03:57:55	03:59:12	04:48:43	04:56:22	03:46:21	03:54:29	03:56:15	04:28:02	04:20:04	03:57:52	04:51:02	04:49:10	04:38:09	04:38:45	04:09:51	03:59:24	03:59:00	03:59:05
Paschedag	Ina	1963	11		03:38:17	03:44:22	03:33:31	03:22:24	03:15:41	03:19:06	03:19:14	03:22:49	03:25:25	03:28:36		03:51:00								
Paulus	Werner	1960	10		04:09:03	04:18:05	03:35:52	03:46:32	03:26:25	03:36:38	03:20:30	03:41:24			03:43:05		03:51:22							
Pellemeier	Erik	1960	10	04:20:30	04:02:37	04:19:41	04:10:44	04:06:27	04:20:31	04:24:33	04:21:16	04:31:32	04:42:46											
Petermann	Stefan	1968	21	03:50:27	03:43:28	04:37:14	03:18:03	03:16:13	03:27:08	03:26:22	03:51:57	03:52:06	03:48:30	04:55:03	03:56:57	04:21:01	04:35:35	04:43:13	04:51:17	05:21:06	04:49:36	05:12:28	05:00:58	05:18:21
Peters	Werner	1963	13	03:55:57	03:57:42		03:37:30	03:32:22	03:24:29	03:24:56	03:21:49					03:45:00		03:39:20	03:42:19	03:48:16		03:44:07		03:57:51
Peters	Wolfgang	1953	10	03:40:04	03:41:37					03:45:11		03:59:29		03:58:01	03:52:34	04:04:26	04:11:20	04:09:52	04:32:00					
Pflügler	Christian	1967	17		04:21:42		04:23:15	04:23:54	04:23:04	04:44:13		04:17:36	05:14:20	04:35:16	05:08:06		05:07:41	05:33:35	05:24:43	05:03:09	04:58:06	05:08:14	04:58:52	05:50:03
Philips	Eduard	1957	14	03:59:23	03:54:10	04:17:26	03:41:22	03:51:55	03:57:02	03:43:50	03:57:00	04:04:16	03:58:29				03:52:04	04:06:04	04:35:30	03:58:51				
Pitz	Markus	1969	21	03:46:37	03:54:51	04:02:17	04:44:48	04:10:26	03:39:47	03:38:48	03:54:10	03:28:28	04:08:28	03:59:05	03:27:28	03:52:26	03:57:05	04:12:50	04:11:57	04:32:18	03:54:54	03:59:01	04:52:08	04:47:00
Plath	Anian	1960	16	04:54:19	04:04:33	04:47:28	04:11:18	03:57:08	03:51:08	03:43:03	04:08:03	03:55:48	04:25:15	04:59:28	04:53:38		04:57:00	05:15:58	05:18:31	05:16:20				
Postert	Christiane	1974	10							03:46:29	03:39:40	03:40:13	03:18:45	03:13:26	03:12:25	04:10:08	03:38:31			04:09:15	04:37:47			
Pothast	Volker	1956	15	03:45:42	03:34:08	03:46:45	03:35:28	03:41:18	03:39:04	03:44:12	03:43:23	03:46:23	03:49:09	04:10:58	03:56:09	04:03:02	04:06:04	04:26:54						
Pöttker	Martin	1967	14	03:59:53	04:09:38	04:26:30	04:17:31	04:02:36	03:57:40	03:48:36	03:52:18	03:50:44	03:41:16	03:50:56	03:44:01	03:38:41					03:58:38			
Prangemeier	Ludger	1961	18	04:22:31	04:03:42	03:59:09	03:58:29	03:59:21	03:55:35	04:25:40	04:38:26	04:53:29	05:11:50	05:16:17	04:58:24	05:16:17	04:58:35	05:54:32	05:40:12	05:41:33	05:55:41			
Proske	Mario	1966	13		03:48:21		03:21:36	03:23:29		03:32:35	03:23:00	03:28:23	04:09:07	03:50:59	03:35:50	03:35:06	03:36:27	03:41:43			03:56:55			
Punge	Wolfgang	1964	11				04:11:56		03:50:25	04:05:25	03:44:35	03:55:12	04:03:18	04:11:49	04:09:46		04:06:19		04:50:29	04:47:34				
Purk	Eugen	1955	13				03:05:42	03:29:01	03:18:27	03:00:17	03:27:10	03:08:46	03:56:32	03:39:45	03:13:32	03:13:39	03:14:16			03:17:53	03:57:20			
Quattrocchi	Fulvio	1950	10							04:49:01	04:18:05	03:59:31	04:43:25	03:50:59			04:10:09	03:57:12	04:13:04	05:09:25	05:04:46			
Raschke	Ludger	1953	11	04:24:05		04:17:17		04:08:10	04:04:28	04:09:45	04:11:06	04:09:47		04:33:40	04:22:16		04:38:39	04:37:44						
Rauss	Josef	1952	17	03:43:14	03:47:05	03:54:46	03:36:28	03:38:34	03:35:54	03:33:46	03:38:26	03:41:56	04:16:10	04:16:02	04:13:25	04:11:06	04:20:07	04:26:55	04:24:04	04:28:49				
Rehers	HaWe	1947	20	04:17:51	04:15:35	04:44:45	04:12:13	04:23:25	04:57:17	04:14:28	04:12:23	05:23:05	04:58:19	05:14:48	04:48:37	05:05:16	05:17:26	04:59:16	04:58:45	04:59:46	05:29:59	05:05:24	05:28:48	05:47:27
Reichelt	Andreas	1957	20	04:55:04	04:39:42	05:02:43	04:32:06	04:32:35	04:05:56	04:02:36	04:06:41	04:40:04	04:44:56	04:54:42	04:24:46	04:34:37	04:30:33	04:56:02	05:07:12	05:11:32	05:06:55	05:23:47		05:20:37
Reinke	Karl	1957	12		04:03:13	04:02:53	04:05:07			03:52:49	03:45:22	03:41:48	04:09:07	04:00:31	03:41:39		03:46:53	03:58:49	04:04:08					
Reiß	Björn	1976	20	03:56:35	03:19:09	04:36:11	02:56:58	02:53:10	02:49:04	02:47:43	02:58:51	02:44:40	03:53:59	02:59:03	02:58:07	04:09:10	03:08:14	03:58:30	04:11:47	04:09:35	04:20:33	04:20:09		04:54:33
Remmen	Peter	1954	14	05:03:30	04:26:40	04:24:57	04:15:54	04:19:41		04:35:12	04:47:15	04:44:01	04:43:09	04:38:16	04:27:08	04:44:12		04:54:46	05:07:13					
Richter	Marc	1980	14				03:51:12	03:47:29	03:43:40	03:28:23	03:57:01	03:55:32	04:00:01	03:35:13	03:57:57	04:08:26	04:04:48	03:53:23	04:10:55	04:29:58				
Rieder	Frank	1974	10					04:14:29	03:49:01	03:26:45		03:48:10	03:30:40	03:16:19	03:55:03	03:52:44	04:06:52					04:04:45		
Rieger	Dr. Christoph	1961	16	04:41:11	04:42:02	04:29:38	04:16:52	04:24:36	04:43:42	04:30:18	04:34:36	04:24:59	04:39:23	04:47:03	04:38:35	05:23:57	04:48:50	05:12:19	04:39:57					
Ringbeck	Anna	1957	12	04:57:16	04:57:29	04:53:00	04:34:58	04:39:33	04:28:11	04:30:42	04:33:01	04:36:21	04:27:14			04:34:37	04:51:13							
Rogge	Ludger	1970	11				03:39:22	03:38:31	03:37:27			03:27:56		03:35:18	03:29:48	03:37:48	03:48:29		03:34:42	03:35:52		03:47:33		
Rohde	Andreas	1966	14							04:22:44	04:28:35	04:21:59	04:14:53	04:06:24	03:57:19	03:50:28	03:49:56	04:08:57	04:05:30	04:04:22	04:24:55	04:16:36	04:17:41	
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Rose	Norbert	1966	10							03:54:15	03:37:44	03:42:42	03:29:48	03:28:36	03:28:55			03:44:16	03:43:03	04:05:56	04:20:13			
Ruppert	Ralf	1965	12		03:09:05	03:43:54	03:02:38	03:22:17	03:18:10	03:06:03	03:21:49	03:50:50	03:46:18	03:29:42					04:21:15					04:48:47
Rusche	Silvia	1962	12		04:40:25	03:55:56	03:49:38	03:33:08	03:25:57	03:27:05	03:34:41	03:46:03	03:43:48	04:10:47		03:52:04	03:44:28							
Rüther	Hanno	1969	12	03:37:11	03:45:41	03:56:47	03:40:52	03:31:30	03:48:48	03:36:35	03:57:24	03:44:53							03:57:52	04:14:55		04:57:33		
Saadani	Abdellah	1967	11	03:16:40	02:51:47	02:42:16	02:50:12	02:51:47	02:59:31			02:47:24	02:50:51			02:55:19			02:53:59	02:54:31				
Sachse	Matthias	1964	18	03:24:29	03:20:12	03:33:25			03:29:55	03:27:53		03:31:13	03:48:13	03:52:17	03:46:55	03:38:45	04:07:04	03:57:49	03:47:45	04:07:08	03:54:42	04:12:05	04:06:56	03:55:35
Sackmann	Thomas	1965	10							04:18:12		04:14:58	04:05:53		04:13:59	04:29:04	04:34:53		04:32:38		05:16:15	05:23:37	05:45:36	
Sahli	Hala	1974	17	04:31:24		04:41:39	04:20:46	04:06:07	03:57:33	03:51:36	03:42:56	03:55:58	04:36:27	04:00:01	03:46:51	03:57:14	04:07:46	04:01:51	04:00:04	04:11:22	04:22:35			
Sansar	Elias	1980	10											02:26:35	02:24:08		02:23:30	02:25:44	02:25:25	02:23:45	02:24:13	02:25:15	02:25:42	02:23:15
Schilling	Udo	1967	10	03:57:26	03:49:39	04:12:07	03:57:43	03:46:30	03:41:47	03:39:45	03:38:30	03:35:08	03:32:49											
Schlake	Reinhard	1967	18		04:16:51	04:23:33	04:08:47	03:56:39	03:58:52	04:17:45	03:59:01	04:07:57	04:13:13	04:20:16	04:08:24	04:18:18	04:37:07	04:47:17	04:29:01	04:45:32		04:47:23	04:33:04	
Schlegel	Rudolf	1962	17	03:36:31	03:35:46	04:01:37	03:47:06	03:46:57	03:36:42	03:55:08	03:52:49	04:13:25	04:15:55	03:53:18	03:50:11	04:03								

NNAME	VNAME	GBEJ	AnzE	Z2002	Z2003	Z2004	Z2005	Z2006	Z2007	Z2008	Z2009	Z2010	Z2011	Z2012	Z2013	Z2014	Z2015	Z2016	Z2017	Z2018	Z2019	Z2021	Z2022	Z2023
Schwefer	Ira	1970	15				03:33:03		03:18:56	03:13:22	03:22:25	03:12:13	03:12:35	03:15:31	03:11:56	03:11:46	03:16:19		03:17:39	03:28:08	03:25:29	03:22:40		03:26:33
Schweizer	Peter	1959	10				03:26:49			05:30:35			03:28:10	03:22:08	03:20:12	04:38:13					03:44:26	04:01:47	04:37:12	04:12:49
Schwerbrock	Dirk	1963	11				04:30:18	04:21:16	03:50:54	04:06:41	03:56:52	03:41:39			04:18:16	03:52:05	04:03:29		04:05:20	03:51:59				
Segger	Jörg	1955	10	04:16:59	04:02:21	04:19:16		04:03:39	04:10:34	04:06:57	04:31:45		04:27:41							04:34:03				05:06:20
Seppelt	Rainer	1961	10	04:23:29	04:22:30	04:24:28	04:01:28	03:59:11	04:05:33	04:17:47	04:26:32	04:25:43	04:45:47											
Sicking	Ewald	1962	10									03:47:40	03:39:19	03:50:10	03:40:59	03:55:13	04:10:08	04:42:45			04:45:32		05:24:30	05:10:35
Sievers	Gerhard	1951	16	03:11:28		03:19:03	03:07:07	03:06:18	03:26:50	03:20:43	03:14:12				03:43:14	03:20:39	03:30:16	03:43:35	03:40:55	03:39:19	03:40:34	04:12:15	03:50:44	
Silvestri	Francesco	1965	11	04:04:57	03:47:30					03:25:35	03:11:18		03:04:52	03:16:14	03:01:23	03:02:56	03:20:34	04:04:05	04:45:03					
Skornitzke	Günther	1956	14	03:31:39	03:29:15	03:41:32	03:31:56		03:38:44	03:34:01	03:41:26	03:40:53	03:45:04	04:05:08	03:44:05	03:45:49	03:50:13	04:16:41						
Skubschewski	Ralf	1970	14			04:04:21	03:19:57	05:19:51		03:57:51	03:12:53	03:06:22	03:07:12	03:37:51		03:26:40	03:35:12	03:31:40	03:24:46	03:24:56	03:57:20			
Sliwka	Ludger	1955	11						04:04:22	03:42:02	03:29:15	03:31:21	03:32:07	03:28:21	03:24:19	03:29:08	03:37:30	03:31:19	03:40:11					
Sobbe	Berthold	1965	14							04:32:06	03:26:32		03:38:39	03:52:24	03:38:52	03:34:14	03:44:16	04:22:22	04:04:53	04:05:26	04:03:26	03:51:26	05:22:09	04:45:52
Solbach	Ulrich	1968	10		03:50:19	04:04:48		03:51:45	03:52:43	03:36:38		03:55:40	04:05:15			04:11:40	04:07:24			03:52:10				
Sommer	B.-Michael	1950	12	04:28:19	04:16:24	04:37:48	04:28:46	04:36:05	04:18:53	04:24:19	04:19:33	04:35:50	04:39:52	05:37:58	04:43:26									
Sommerkamp	Frank	1973	11			04:05:48	04:18:03	04:44:34	03:42:10	03:48:58	03:49:47							03:26:01	04:07:14	04:09:14	05:09:07			
Stangenberg	Dirk	1969	17	03:33:27	04:04:38	04:18:39	03:37:45	04:16:19		03:45:21	03:42:09	03:34:05	03:42:13	03:29:00	03:53:41	03:25:37	03:43:10	04:10:00	04:09:06	03:57:15	04:02:05			
Stangneth	Ingrid	1953	10	04:23:26	04:19:21	04:22:27	04:21:25	04:33:01	04:29:22	04:30:11	04:37:06		04:53:01	05:00:25										
Stapper-Müer	Joachim	1962	12	04:13:45	04:17:38	04:14:16	03:55:48	04:22:15	04:11:36	04:23:51	04:07:59	03:55:34	04:10:18			03:56:03		03:58:29						
Stegemann	Manfred	1964	14			03:55:39	03:49:46	03:31:43	03:37:48	03:23:30	03:31:58	03:31:06	03:34:11	03:43:09	03:46:08	03:40:13		03:42:04	03:51:35	03:59:08				
Stephanblome	Klaus	1964	13						04:09:23	03:47:16	03:50:03	03:47:32	04:10:29	03:46:28	03:38:08	03:47:06	03:45:08	03:53:22	04:01:07	04:15:03	03:56:25			
Strathoff	Jürgen	1958	14		04:21:13					03:16:16	03:10:02	03:14:31	03:22:25	03:32:08	03:24:04	03:16:02	03:26:24	03:40:46	03:27:11			03:48:21		03:53:52
Strübbe	Karl-Heinz	1967	11							04:07:41	04:02:57	03:47:47	03:37:59	03:33:53	03:17:06	03:14:45	03:32:58	03:26:08	03:27:00	03:30:11				
Sturm	Martin	1966	17				04:26:01	03:51:23	03:41:12	03:37:14	03:39:33	03:42:14	03:45:28	03:41:42	03:28:05	03:32:04	03:33:13	03:53:18	03:33:25	03:34:35	03:27:43		04:10:12	04:16:53
Stutenbäumer	Martin	1964	10	03:09:17	03:07:08		02:55:17			02:49:18		02:49:57	02:49:27					02:59:31	02:58:29	03:03:38				03:03:56
Suck	Elvira	1959	19	03:57:07	04:08:02			04:40:53	04:26:44	04:00:23	03:58:58	04:12:30	04:05:26	04:26:39	03:54:08	04:13:39	04:14:16	04:27:54	04:24:21	05:01:15	04:37:03	04:31:07	04:27:41	04:22:17
Suck	Manfred	1956	21	03:57:05	04:08:03	03:47:49	03:30:31	03:58:15	03:34:12	03:28:56	03:28:10	03:33:28	03:43:57	03:43:12	03:21:58	03:39:53	03:35:53	03:49:25	03:42:28	03:47:10	03:56:55	03:49:57	03:47:38	03:52:44
Suerland	Klaus	1957	11	03:16:20							03:01:03	03:24:55	03:10:50		03:08:25	03:14:15		05:07:43	03:48:35	03:38:24	03:52:41			03:47:05
Sweers	Ralf	1963	10	04:01:51							04:19:46	04:19:32	04:37:37		04:19:09	04:15:24		04:11:00	04:30:49	04:54:46				04:47:12
Tappe	Friedhelm	1957	12	04:08:03	03:56:57	04:15:33	03:54:17	03:59:08	03:53:23	03:49:11	03:40:25					04:20:34	04:17:55	04:07:41			04:08:29			
Testroet	Klaus	1966	10	03:14:07				03:25:28	03:06:35	03:03:29	03:05:34	03:07:34	03:08:07		03:08:30	03:05:14	03:09:28							
Thorbrügge	Kai	1968	10					04:49:24	04:23:08	04:24:46	04:24:03	04:57:43	05:09:03		04:41:24		04:52:18	04:44:19	04:45:14					
Thünemann	Helmut	1957	21	03:04:56	03:20:23	03:23:43	03:07:15	03:10:25	03:12:11	03:13:30	03:13:54	03:10:37	03:16:44	03:18:02	03:16:28	03:37:53	03:21:16	03:25:43	03:32:52	03:30:38	03:32:56	03:38:05	03:37:48	03:48:40
Thyen	Thomas	1972	11					04:19:35			03:50:00	03:46:02	03:42:53		03:38:59	03:38:44	03:39:07	04:13:00	04:03:59			04:10:50	03:54:50	
Többen	Michael	1965	10		03:23:45	03:41:18	03:26:55	03:10:01		02:53:22	02:56:47	03:08:10	03:13:49	03:18:17	03:07:14									
Topf	Andreas	1964	13			04:06:52	03:54:28		03:43:56	03:02:01	03:37:01	03:37:45	03:43:09	03:47:44	03:36:12		03:44:01	04:12:35	03:54:12	03:52:45				
Türker	Xaver	1959	12	04:09:08	04:31:03		03:58:07		03:51:33	03:56:47	04:07:24	04:01:45	04:08:47	03:54:23	04:03:03	04:03:45	04:01:30							
Twelkemeier	Udo	1959	10	03:35:50	03:15:43	03:14:01	03:12:46	03:55:38	03:41:29	03:33:24	03:37:56	03:35:11	03:28:30											
Uetz	Rainer	1956	11	03:52:13	03:31:03	03:26:31		03:18:40	03:13:29	03:17:58	03:39:37	03:35:05	03:33:45	03:33:19				03:46:32						
Uhlig	Felix	1954	11	04:09:55	04:05:56	04:12:10	03:50:43	03:56:15	04:28:14	04:32:31	03:58:23	04:38:02	04:30:31	04:48:06										
Ulrich	Thorsten	1971	11											04:13:43	03:58:58	03:50:18	03:51:35	03:51:30	03:57:20	03:55:54	03:51:35	04:18:52	04:32:10	04:24:25
van der Velde	Markus	1965	13				03:08:13	03:43:32	03:28:19	03:18:04	02:58:51	02:50:55	02:59:22	03:07:20	02:58:28	02:59:11	03:29:02	03:19:22		03:23:19				
Venhofen	Gerd	1955	10							03:47:02	03:39:14	03:43:56	03:45:07	03:46:38		03:58:38	04:08:00	04:13:33	04:35:13	03:58:40				
Venker	Margret	1947	11	03:54:19	03:59:15	04:04:33			04:01:47	04:06:39	04:09:24	04:13:49	04:25:04	04:23:11	04:25:45	04:30:01								
Venker	Paul	1947	16	03:42:23	04:02:03	03:41:34				03:56:13	03:52:06	04:01:14	04:14:52	04:07:13	04:28:30	04:17:19	04:11:36	04:22:33	04:25:14	04:29:01	04:30:19	04:57:27		
Victor	Holger	1968	12			04:33:48							03:58:23	03:51:45	03:40:58	03:36:05	03:33:38	03:51:54	04:17:22	03:53:38	03:56:28	03:54:19	03:59:13	
Voet	Gerald	1959	11		04:29:08	04:09:25	04:06:56	03:57:25	04:27:00	04:13:35	04:03:18	04:31:27	04:22:33			04:57:21	04:30:11							
Vogt	Wolfgang	1959	11			03:12:05			03:10:10	03:31:48	03:23:58	03:12:22			03:26:14		03:27:41		03:33:04	03:27:11	03:39:03	04:09:22		
Voigt	Torsten	1968	10	03:39:32	03:33:55	03:39:30	03:15:26						04:23:58	04:00:48	03:55:36	03:54:14	03:49:01	03:57:08						
Völker	Markus	1971	10		04:21:25	04:00:42	04:26:10	04:30:04	04:33:37	04:15:25	04:00:39	04:02:09	03:49:01	03:46:22										
Völkert	Clemens	1956	13	03:27:32	03:23:12	03:52:04	03:24:56	03:29:09	03:26:10	03:38:34	03:27:01	03:36:59	03:52:26	03:44:46							03:47:12	03:51:02		
Vollbracht	Heinrich	1939	13			03:35:53	03:14:19	03:20:54	03:14:16	03:25:49	03:21:16		03:39:23	03:45:08	03:36:08		04:20:58	04:33:15	05:09:47	04:42:55				
von der Horst	Rutger	1962	13			05:27:16	05:02:59	04:13:10		04:30:31				04:57:04	04:17:26	04:34:37	04:22:52	04:44:21		05:39:12	04:38:52	05:33:11	05:31:01	
von Haugwitz	Katharina	1965	11	04:40:46	04:25:05	04:23:51	03:53:39	03:49:06	03:55:43	03:														

NNAME	VNAME	GEBJ	AnzE	Z2002	Z2003	Z2004	Z2005	Z2006	Z2007	Z2008	Z2009	Z2010	Z2011	Z2012	Z2013	Z2014	Z2015	Z2016	Z2017	Z2018	Z2019	Z2021	Z2022	Z2023	
Weitkämper	Wolfgang	1960	10	04:39:18	04:14:13	03:59:37	04:22:19	03:58:43			04:25:01		04:11:43		04:25:08	05:19:49	05:23:18								
Wendker	Thomas	1967	15						03:47:28	03:39:22	03:37:13	03:38:46	03:27:58	03:22:16	03:13:32	03:11:26	03:03:44	03:07:54	03:11:36	03:13:23	03:23:42	03:49:21	03:39:29		
Wesbuer	Thomas	1966	13						03:27:31	03:16:15	03:08:08	03:09:28	03:11:29	03:19:39		03:12:41	03:17:02	03:13:07			03:25:06	03:41:20	03:32:15	03:37:51	
Wesche	Michael	1968	19	04:54:08	04:39:39	04:36:34	04:51:04	04:14:48	04:16:15	04:14:55	04:10:47	04:06:10	04:23:04	04:03:22	03:59:33	04:27:42	04:28:06	04:25:16	04:20:28	04:35:47	04:35:44	04:25:32			
Wesemann	Frank	1970	11		04:12:11		03:43:58	03:58:21	03:55:01	04:04:56	04:12:19	04:34:17	04:22:10	04:27:23			04:38:20				04:13:49				
Wichmann	Gerhild	1954	10				04:27:41	04:27:59	04:27:40	04:16:13	04:28:43	04:38:43			04:54:21	04:49:46	05:05:23	05:32:36							
Wiefermann	Heinz	1958	21	04:46:34	04:27:17	04:47:00	04:01:59	04:16:50	04:11:00	04:21:01	04:02:12	04:09:41	04:37:46	04:41:54	04:38:32	04:57:42	04:57:45	05:08:10	04:50:37	05:07:19	04:59:54	05:25:21	05:26:53	05:25:46	
Wieschhörster	Andreas	1970	11								03:24:58	03:35:02	03:24:08	03:35:39	03:13:19	03:19:04	03:26:22	03:23:44	03:29:31	03:43:41	03:44:31				
Wijdenes	Salvatore	1970	11				04:35:26	04:33:09	04:09:20	04:13:58	03:41:17	03:49:15	04:17:10	04:15:05	03:57:46	03:58:04	04:41:00								
Witling	Helga	1954	11	04:07:24	03:59:06	03:49:13		03:42:08			03:45:31	03:53:06	03:52:15	03:59:37	04:03:08	04:00:46	04:09:37								
Windmann	Ralf	1959	13								03:43:29	03:48:45	03:46:52	03:51:04	03:40:31	03:43:55	03:51:28	03:58:25	03:55:39	04:04:56		04:07:57	04:13:40	04:18:47	
Winter	Ralf	1965	18	04:14:33	03:28:31	03:43:40	03:12:28	03:04:44	03:24:15	03:37:59	03:40:22	03:47:18	03:38:21	03:48:11	03:55:48	04:34:11	04:36:08	04:44:27	04:23:51	04:25:22	05:23:44				
Wittler	Michael	1960	13	03:52:08	03:34:29	03:40:31	03:27:00	03:27:38	03:26:19	03:24:50	03:28:26	04:06:30	03:54:00			03:48:47	03:46:00	04:02:56							
Wolfrom	Peter	1949	21	03:48:58	03:46:56	03:51:24	04:02:46	03:43:04	04:30:02	04:04:50	04:06:25	04:19:29	04:21:51	04:35:03	04:38:13	04:25:46	04:20:59	04:26:33	04:18:14	04:43:08	04:40:12	05:17:28	04:57:48	05:15:18	
Wünscher	Eckart	1954	10	04:05:37	03:48:40	03:38:36	03:35:11	03:27:43	03:28:03	03:26:11	03:28:21	04:13:43	03:36:24												
Ziemann	Markus	1966	10								03:14:10		03:15:27	03:13:49	03:13:45	03:05:03	03:14:35	03:13:18	03:14:05	03:13:56	03:14:18				
Zschiesche	Christian	1965	10	03:25:27	03:25:05	03:46:12	03:13:43	03:36:43	03:57:05	04:18:56	04:45:19	04:14:42	04:35:01												
Zumdick	Reinhard	1963	15	03:19:48	03:14:22	03:13:51		03:11:03			02:59:05	03:04:36			03:15:20	03:11:30	03:12:33	03:17:36	03:16:49	03:18:22	03:13:39	03:23:43		03:36:43	