

NNAME	VNAME	GEBJ	AnzE	Z2002	Z2003	Z2004	Z2005	Z2006	Z2007	Z2008	Z2009	Z2010	Z2011	Z2012	Z2013	Z2014	Z2015	Z2016	Z2017	Z2018	Z2019	Z2021	Z2022	Z2023
Abke	Reinhard	1969	13						03:56:17	03:56:29	03:27:45	03:23:39	03:42:54	03:26:54	03:18:19	03:28:16		03:27:06	03:26:36	03:26:22			03:49:35	03:44:20
Achterkamp	Rainer	1957	11	02:45:20	02:49:33	03:18:50	02:52:08	02:56:59	03:28:48	02:52:12	03:29:11	03:04:42	03:04:08	03:35:24										
Ahmann	Franz	1962	10					03:45:27	03:27:59	03:25:32	03:23:13	03:38:38	04:09:59	03:50:21	03:53:31	03:56:39	03:48:43							
Altefrohe	Stefan	1965	13					04:25:41	03:41:08		03:37:12	03:33:41		03:47:42	03:51:25	04:06:02	03:47:56	03:32:44	03:42:20			03:51:39	03:53:47	04:03:54
Althoff	Hans-Herman	1956	13						03:26:25	03:14:56	03:18:39	03:33:23	03:33:08		03:36:43	03:38:20	03:43:08	03:41:01		03:50:09	03:53:37	03:54:33	04:36:49	
Appel	Uwe	1964	13				03:31:21	03:33:27	03:34:23	03:22:20	03:24:04	03:42:23	03:54:00		04:07:19	03:45:45	03:48:32	03:48:04	03:55:53	03:56:59				
Arlinghaus	Thomas	1980	10									03:59:34		03:44:15	03:39:24	03:30:55	03:26:33	03:27:40	03:13:34	03:13:21	03:14:04	03:13:45		
Arndt	Andreas	1960	12					05:12:13	04:15:35	05:07:09	04:30:01			04:21:38		04:13:05	04:09:35	04:04:14	04:03:18	04:04:43	04:14:20		04:19:56	
Aubart	Mario	1971	10				03:29:09	03:18:51	03:10:39	03:11:02	02:59:01	03:06:38	03:19:52			03:28:13		03:17:14		03:10:15				
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Bales	Stefan	1965	18	03:58:54		03:38:06	03:20:48	03:13:47	03:53:38	03:09:15	03:12:43	03:08:20	03:34:58		03:09:19	03:14:05	04:40:43	03:20:10	03:07:52	03:01:25	03:16:52	03:06:39	03:09:27	
Ballay	Thomas	1963	11							04:17:57	04:28:29	04:28:50	03:38:28	04:46:06	03:58:54	04:16:05	04:28:22	04:22:21		04:03:02	04:25:47			
Becker	Gudrun	1967	10								03:50:47	03:56:12	03:53:18	03:51:26	03:37:27		03:44:13	03:39:13	03:46:40	03:50:46	03:44:51			
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Beckmann	Dennis	1977	21	03:59:38	03:40:43	04:26:51	04:10:26	03:56:20	03:38:15	03:42:12	03:52:26	03:56:46	03:56:38	03:54:03	03:28:36	03:33:40	03:25:43	03:21:58	03:27:32	03:27:50	03:23:53	03:33:57	03:16:19	03:22:34
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Beckmann	Hans-Bernd	1963	15		03:13:54	03:06:44	02:59:57	02:55:54	03:08:47	03:02:05	03:06:41	03:16:18	03:20:09		03:31:47	03:29:21	03:38:17	03:51:03	03:43:57	04:35:58				
Beer	Michael	1951	19	04:26:23	04:08:57	04:14:04	03:51:54	03:46:01	04:15:25	03:54:25	03:34:19	03:49:45	04:09:35	03:57:16	04:18:16	03:54:07	03:51:25	04:22:30	04:05:14			04:34:31	04:28:55	04:47:16
Bensch	Waldemar	1976	10					03:52:56	03:23:39	03:19:04	03:23:59	03:17:59	03:37:26	03:47:06	03:23:23	03:43:28					04:03:02			
Berg	Hans-Joachim	1957	11	03:32:09	03:39:53	03:53:16				03:39:41	03:44:55	03:43:52	03:45:32	03:40:29			03:51:12		03:55:32				04:12:44	
Berg	Jörg	1961	11							04:32:03		03:40:22	03:46:11	03:33:42	04:12:29	03:45:18	04:14:13	04:13:55	03:59:18	03:59:11	03:59:41			
Berndstrotmann	Karl	1957	12	02:55:49	02:51:39	02:53:48		02:53:45		02:59:10	02:55:03	03:09:26	03:02:23	03:00:04		03:13:58	03:11:38				03:16:17			
Berndt	Andreas	1969	12						03:35:03	03:20:24	02:58:35	03:22:34			03:49:42	03:07:59	03:40:01	03:34:59	03:42:05	03:32:52	03:45:42		03:56:57	
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Bischof	Jürgen	1961	11	02:53:08	03:04:04	03:07:49	02:59:12		03:12:18	03:38:33	03:05:39	03:09:44	03:19:01	03:39:55	03:35:05									
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Boelen-Theile	Claus	1966	10		05:15:10	05:35:02		04:48:07		04:47:36		04:37:43	04:38:17	04:47:47	04:52:55		04:36:57	05:22:15						
Brämer	Jürgen	1951	17	04:54:06	04:58:42	04:42:06		03:58:09	04:14:30	04:21:59	04:24:31	04:27:23	04:00:42	04:29:24	04:42:38	04:12:36	04:33:22	04:33:08	04:14:14			04:24:14		04:46:59
Brathe	Georg	1970	13	03:40:28				03:33:58	03:32:46	03:13:54	03:20:51		03:41:57	03:36:23		03:27:44		03:39:12	04:18:28	04:05:16		03:53:20	04:11:47	
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Breukel	Michael	1948	12	04:37:41	05:22:37	04:09:07	03:54:13	04:13:06	04:06:43	04:29:14	04:31:50		04:53:35	04:27:56	04:00:32	03:57:22								
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Brümmer	Werner	1959	10	03:31:19	03:22:08			03:17:01	03:15:59	03:16:33	03:12:45	03:22:41	03:26:31							03:41:40	03:41:08			
Brunstering	Doris	1957	12	04:12:40	03:51:05	04:03:29	03:40:36	03:51:21	03:40:12	04:09:04	03:37:46	03:37:37	03:53:52				04:02:12				03:51:44			
Büchner	Jörn	1971	10					02:57:50	02:55:57	02:52:48	02:56:26	02:57:43	03:32:19	03:06:53	03:24:43	03:09:39	03:11:35							
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Buer	Andreas	1966	13				04:03:51	03:58:02	03:52:01	03:51:22	03:44:32	03:58:59	03:56:10	03:59:44	03:51:34	04:15:14	03:40:52	03:58:31	03:52:33					
Bühn	Klaus	1959	16		04:25:37	04:27:38		04:20:58	03:43:10	03:56:19	03:57:17	03:58:23	03:44:28		03:50:51		04:14:13		03:59:19	04:13:15	04:12:02	04:15:15	04:24:06	04:12:12
Buller	Andreas	1961	10		03:57:18	04:14:32	03:42:42	03:48:32	03:37:02	03:33:59	03:37:48	03:34:45	03:36:49	04:13:58										
Buschmann	Stefanie	1965	11		04:41:08	04:27:27	04:06:48	04:09:13	04:08:34	03:49:20	03:56:21		03:59:51	03:54:57	03:58:02	03:57:07								
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Civka	Günter	1953	10	04:08:02									03:56:17	03:52:01	03:37:52	03:57:52	04:00:28	04:49:10	04:38:09		04:40:03	04:53:12		
Cramer	Matthias	1971	12	03:24:59	02:59:22	03:01:11	02:43:15	02:56:35	02:54:06	03:39:02	02:56:20	02:43:09	03:02:47	03:31:15								02:53:45		
Crocoll	Andreas	1968	11						04:31:33	04:03:02	03:35:30	03:21:56	03:18:41	03:33:28	03:27:48	03:32:46	03:29:54	03:39:52	04:24:03					
Dahlhaus	Winfried	1959	15	04:07:25	03:37:28		03:54:09		03:32:11	03:30:14	03:28:07		03:41:00		03:28:47	03:45:20			03:58:03	04:46:25	03:58:22	04:01:44	04:08:18	04:42:26
Danneberg	Jürgen	1965	12	03:52:40	04:04:46	03:43:27	03:51:11	03:27:47	03:26:36	03:27:39	03:21:08	03:28:53	03:48:35	03:55:14					03:47:03					
De Bona	Pierino	1965	10	02:47:59	02:42:54	02:52:43	02:35:47	02:38:06	02:43:57	02:43:46	02:44:03	02:49:24	02:49:16											
Dewald	Jürgen	1962	14	03:45:23	03:43:35	04:03:35	03:42:17	03:45:02	03:49:43	03:52:17	04:08:39	04:08:10	04:11:32	04:04:50	03:56:10	03:58:54		04:29:37						
Dicks	Christopher	1984	14					04:10:32			03:56:37	03:49:36	03:21:16	03:17:23	03:23:17	03:15:33	03:29:51	03:28:45	03:28:34	03:17:45	03:38:03	03:38:43		03:47:34
Diepen	Dr. Ing. Peter	1949	10	04:17:29	04:01:46	04:17:37	04:07:48	04:05:00	03:57:59	03:55:33	03:59:06	04:07:21	04:13:24											
Dießel	Lucia	1956	10						04:40:02		04:35:29	04:35:01	04:59:51	04:24:35	04:26:05	04:30:29	05:00:58	04:34:03	04:31:07					
Dirks	Michael	1968	10							04:15:11	04:22:09	03:57:11				03:56:25		04:04:45	03:53:51	04:17:20	04:46:42	04:27:47	04:53:32	
Dirksen	Uta	1965	14		04:29:35	04:25:45	04:15:03	04:19:28	04:06:23	04:04:37														

NNAME	VNAME	GEBJ	AnzE	Z2002	Z2003	Z2004	Z2005	Z2006	Z2007	Z2008	Z2009	Z2010	Z2011	Z2012	Z2013	Z2014	Z2015	Z2016	Z2017	Z2018	Z2019	Z2021	Z2022	Z2023	
Eberhard	Michael	1956	12	03:25:00	03:14:07	03:19:25	03:09:15	03:12:45	03:09:22	03:14:05	03:12:46	03:16:51	03:46:08						03:23:16	03:20:00					
Effkemann	Günter	1960	18	03:23:35	03:25:59	03:29:55	03:26:54	03:27:54	03:28:25	03:53:46	03:44:54	03:54:26	04:32:00	04:18:06	04:07:23	04:13:51	04:09:45	04:47:46	04:33:55	04:31:30	05:01:21				
Egen	Bernhard	1959	10		04:00:21	03:51:44	03:45:48	04:08:10	03:43:56	04:09:10	03:53:33	04:10:45	04:22:44	04:33:36											
Eggenhaus	Margret	1948	10	04:19:20	04:12:56	04:15:43	04:06:46	04:09:45	04:14:41	04:24:55	04:11:41	04:25:51	04:35:15												
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Elbeshausen	Hans	1953	13	04:27:29	03:59:39	04:26:05	04:09:25	04:12:24	03:59:19	04:18:15	04:28:07	04:14:48	04:36:54	04:55:22	04:22:35	04:57:21									
Elsing	Andreas	1969	10		04:23:17	04:11:10	03:58:56	04:18:11	04:22:01	04:28:34	04:08:44	04:18:32					04:13:17	04:29:46							
Elsinghorst	Detlev	1972	19	03:18:00	04:35:01	03:17:58	03:00:45	03:13:58	02:57:12	03:22:41	03:19:46	02:57:26	02:59:01		02:58:31	02:59:09	02:54:17	03:11:53	03:20:39	03:13:26	03:35:47	03:04:47		03:00:45	
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Ernst	Martin	1965	18	04:02:23	04:27:46	04:32:31			04:33:48	04:23:18	04:28:52	04:39:56	04:33:40	04:36:04	04:23:50	04:26:51	04:25:42	04:23:54	04:28:41	04:22:15	04:30:03	04:28:41	04:29:23		
Erthel	Annette	1957	11		05:03:46	04:53:49		04:28:37	04:42:33	04:29:53	04:27:50	04:38:23	04:32:41	04:52:16	04:20:53	04:53:04									
Falke	Bernhard	1962	15		04:07:25	04:05:49	03:48:32	04:03:49	03:53:57	03:55:44	04:18:05	04:26:58	04:24:47	04:35:58	04:41:07			04:44:07	04:46:10	04:50:06	04:46:42				
Fanslau	Tobias	1967	17		04:31:34		04:29:25	04:09:45	04:08:57	03:58:04	03:38:50	03:55:21			03:44:25	03:49:02	03:52:24	03:51:57	03:50:21	04:26:07	03:49:18	03:50:31	03:43:32	03:52:12	
Fechtrup	Christian	1961	15	04:44:10	03:52:04	03:59:18	03:42:38	03:38:39	03:47:59	03:43:27	03:31:43		03:40:44	03:37:19	03:37:10	03:52:53	03:35:09	03:55:34	03:44:32						
Feder	Uwe	1965	15				04:03:30	04:05:18	03:51:16	03:52:32	03:53:11	04:28:30	04:38:21		03:56:54	03:58:33	04:04:22	03:37:17	04:11:15	04:08:40	04:13:19	04:32:06			
Felmet	Klaus-Dieter	1962	21	04:08:14	04:19:31	04:50:45	04:06:10	04:44:43	04:27:31	04:19:00	03:50:47	04:27:03	04:28:07	05:09:21	04:36:41	04:46:42	04:47:04	05:23:25	05:12:41	04:56:35	04:59:53	05:26:13	05:21:08	05:51:08	
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Fernandes	Rafael	1961	21	04:40:37	05:10:34	04:27:09	04:25:46	03:54:11	03:37:45	04:41:12	03:35:19	03:51:57	05:42:55	04:30:49	04:38:25	04:28:04	04:28:36	04:39:24	04:48:34	04:39:58	04:44:11	04:59:20	04:55:36	05:41:31	
Feyerabend	Maria	1954	15	03:30:39		03:37:07	03:33:34	03:20:35	03:21:03	03:23:39	03:27:16	03:24:21	03:40:25	03:40:55	03:31:29	03:37:50	03:36:59	03:45:27	03:45:09						
Fischer-Behnen	Achim	1956	19	03:16:51	03:21:04	03:54:45	03:20:31	03:31:42	03:27:34	03:26:33	04:05:55	03:43:21	04:35:35			03:53:50	03:46:15	04:27:17	03:57:22	04:12:10	04:18:02	04:21:57	04:11:06	04:23:53	
Fliss	Hermann	1961	18	04:05:07	03:30:11	03:19:18	03:16:48	03:45:24			03:08:08	03:17:36	04:06:17	03:56:24	03:30:16	03:29:50	04:02:09	03:51:27	03:43:44	04:12:27	04:10:19	03:53:38		04:51:34	
Fliß	Ludger	1957	13	04:48:12	04:39:57	04:24:42	03:58:43	04:02:18	03:47:01	03:43:19	04:03:03	04:12:41	03:53:23	04:37:47	03:59:57	04:20:41									
Floer	Stefan	1972	10		04:08:38	03:59:47	03:57:48	03:29:49		03:45:12	03:20:30	03:25:48	03:59:46	03:46:51				03:53:20							
Fohrmann	Reinhard	1969	10				03:55:52	03:54:18	03:38:46	03:39:34	03:26:43		03:42:55	03:52:03	03:56:18				04:06:15	03:57:09					
Fontein	Nils	1975	10					03:35:54		03:28:59		03:23:22	03:36:13	03:44:06	03:19:22			03:22:10		03:17:19		03:26:20	03:22:06		
Franke	Frank	1976	14	03:59:05	04:24:38	03:34:43		03:40:17	03:33:03	03:28:39	04:06:54	04:06:53	04:13:29	04:33:58	03:57:43	04:06:18	04:40:21	04:38:10							
Frisse	Petra	1973	11										04:28:02	04:53:11	04:33:49	04:32:07	04:58:46	04:59:38	04:44:11	04:40:09	04:56:20	05:08:21	05:09:19		
Fritsche	Werner	1959	19	03:22:46	03:20:23	03:40:42	03:17:10	03:14:57	03:34:22	03:28:07	03:36:39	03:33:13	04:19:25	04:13:40	04:27:29	04:32:14	04:20:44	04:41:59	04:39:03	04:55:31	04:52:50	05:25:20			
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Führmann	Nils	1979	16	04:28:19	04:10:00	04:14:47	04:08:05		03:51:56	04:15:18		04:40:21		04:14:56	04:23:43	04:24:38	04:19:33	04:10:37	04:23:02	04:39:13	04:20:06	04:24:24			
Gassmann	Bärbel	1957	10					03:53:18	03:48:46		04:19:42	04:10:11	04:12:27	04:09:24		04:06:20	04:14:08	04:13:18	04:13:34						
Gehltholt	Petra	1967	10									04:37:18	04:18:41	03:56:23	03:55:19	03:57:12	04:14:11	04:03:46	04:06:35	04:03:32	04:15:21				
Geißler	Hendrik	1976	11								04:14:55	04:12:49		04:05:46	03:50:06	03:37:33		03:48:02	03:35:14		03:26:34	03:37:13	03:34:34	03:39:59	
Gellern	Frank	1970	11	04:07:09									04:18:02		03:56:36	04:17:28		04:32:55	04:10:50	04:22:59	04:24:03	04:34:49	04:37:27	04:47:25	
Gerdes	Matthias	1969	10	04:40:52		04:26:32	03:53:26		03:12:34	04:28:56	03:41:14	04:14:37	04:48:18					04:16:39						05:18:25	
Gergs	Dr. Ulrich	1966	13	04:52:02	04:07:16	03:42:38	03:49:12	03:48:11	03:41:48	03:39:27	03:40:15	04:15:25	03:54:29	04:47:14	04:23:32	04:22:10									
Gerick	Beate	1962	10					04:35:19	04:34:18	04:29:44	04:28:48	04:34:25	05:00:45	05:14:32	04:54:23	05:05:38	05:13:57								
Giehler	Günter	1957	17	02:49:50	02:43:01	03:11:06	02:46:23	02:52:18	02:46:29		03:03:54	03:05:50	03:06:42	03:25:38	03:31:48	03:27:33	03:38:16	03:51:04	03:54:26	04:28:49	04:00:42				
Glasbrenner	Bernhard	1962	11								04:08:41	03:56:50	03:59:15				03:53:51	03:42:09	03:32:10	03:39:20	03:37:46	03:39:00	03:27:31	03:30:19	
Glöckner	Wolfgang	1959	21	04:12:59	04:32:59	04:41:44	04:35:50	04:37:14	04:14:53	04:36:38	04:15:27	04:51:23	04:49:56	04:59:33	04:40:04	05:14:03	04:46:08	04:56:30	05:01:27	05:02:13	04:48:02	05:22:13	04:39:54	05:19:07	
Goddemeier	Heinz	1956	10	03:34:56	03:31:25	03:54:41	03:23:43	03:39:22	03:48:50	03:38:01	04:20:55	03:51:10	05:07:53												
Götz	Manfred	1950	20	03:49:48	03:16:59	03:51:07	03:14:38	03:39:47	03:39:26	03:57:03	03:53:30	03:39:15	03:52:53	04:14:03	03:53:48	03:56:04	04:37:15	05:08:55	04:45:25	05:18:26	05:30:10	05:22:41	05:23:10		
Gramann	Andreas	1966	14	03:43:17	03:47:52	03:57:53	04:02:05	03:54:36	03:52:11	04:01:52	04:07:25	04:14:32	04:30:49	04:39:46	04:37:30		04:34:16	05:06:42							
Gräwe	Detlef	1953	20	03:29:12	03:33:04	03:15:30		03:36:51	03:31:09	03:25:15	03:22:28	03:49:37	03:58:52	04:15:09	03:57:27	03:43:41	04:07:12	04:15:20	04:11:37	04:02:40	04:30:19	04:25:34	04:58:00	05:29:15	
Greshake	Tomas	1960	12	03:43:10	03:13:40	04:09:57	03:09:57	03:48:44		03:20:54	03:19:13	03:37:44	03:50:24	03:49:30	03:36:35		03:52:28								
Grewe	Peter	1956	14	03:55:45	03:48:49	03:57:52	04:11:52		03:45:46	03:58:23	03:49:59		04:25:41	04:16:54	03:59:16	04:10:21			05:01:13	04:24:08	04:32:24				
Griese	Berthold	1965	21	03:34:24	03:31:59	03:30:35	03:37:44	03:22:29	03:43:00	03:28:30	03:23:40	03:42:44	03:52:57	03:42:11	03:18:32	03:33:49	03:53:								

NNAME	VNAME	GEBJ	AnzE	Z2002	Z2003	Z2004	Z2005	Z2006	Z2007	Z2008	Z2009	Z2010	Z2011	Z2012	Z2013	Z2014	Z2015	Z2016	Z2017	Z2018	Z2019	Z2021	Z2022	Z2023			
Hallau	Frank	1972	14		04:40:06	04:29:58	03:56:20	03:48:39	03:42:37	03:35:51	03:22:40		03:49:07		03:50:16	03:49:55	03:48:51	04:03:00		03:44:33	03:52:42						
Hampel	Marco	1973	21	04:16:52	04:11:17	03:37:16	03:29:18	03:13:43	03:00:19	02:57:32	02:52:37	03:04:56	03:19:31	03:46:51	04:22:49	04:25:04	04:41:25	05:31:18	05:19:50	04:36:51	04:23:03	04:08:52	04:33:49	05:14:37			
Hars	Susanne	1966	13				04:13:19	04:19:19				04:02:13	03:53:05	04:01:13	04:02:27	03:34:58	03:33:01	03:40:15	03:46:39	03:44:18	04:02:50	03:50:10					
Heckl	Jens	1967	12			04:21:47	04:41:26	04:29:10	04:23:38	03:50:05	03:50:34	03:44:46	04:17:12	03:55:20	03:51:31	03:44:24				03:55:30							
Heeger	Peter	1961	14									03:34:41	03:22:08		03:25:51	03:21:06	03:30:22	03:29:03	03:32:56	03:22:53		03:25:41	03:34:02	03:31:54	03:51:58	03:43:02	04:09:39
Hein	Manfred	1960	10				03:55:14	03:58:39	04:08:13	03:45:42	03:35:03	03:48:45	03:48:02	03:48:54	03:39:00	03:46:09											
Heisterkamp	Karl	1945	21	03:56:45	04:02:02	04:23:43	04:15:20	04:11:44	03:53:15	04:10:38	04:09:08	04:17:19	04:24:09	04:21:32	04:15:09	04:41:04	04:32:50	04:55:32	04:29:21	04:52:20	04:57:59	04:52:21	04:55:52	05:27:40			
Heitkamp	Ralph	1963	11		05:23:57	04:46:39	03:54:21	04:11:23	03:56:40	04:12:58	04:17:52	03:57:58	04:12:24	04:26:53	04:12:52												
Hensen	Gregor	1972	13	04:11:57	04:04:30	04:05:45	03:54:39	03:55:03	03:55:40	03:54:13	03:56:42	04:01:23	04:15:23	04:18:42	03:57:30	03:58:49											
Herbert	Stefan	1970	11									03:52:36	03:51:19	03:27:21	03:25:27	03:13:15	03:25:59	03:13:31	03:20:31	03:24:17	03:13:43	03:13:30					
Herbst	Jan Martin	1982	12	03:45:10	03:43:19			03:48:39	03:42:53	03:25:29		03:04:31	02:58:03	03:03:11	02:57:22	03:23:23				03:59:35				03:39:29			
Herke	Steffen	1971	12								03:22:10	03:11:42	03:08:21		03:11:40	02:59:48	03:03:10	03:29:04	03:09:00	03:14:05		03:29:36		03:15:44	03:14:59		
Hertz	Gisela	1955	11	03:47:25	04:02:54	04:23:29	04:07:37			04:12:50	04:32:02	04:12:48	04:38:37	04:26:46		04:23:54		04:42:43									
Heuer	Barbara	1963	10							04:28:12		04:10:16	04:06:24	04:12:38	04:18:00		03:57:53	03:57:47	04:06:50		04:06:44			04:34:51			
Hoffmann	Isabel	1985	10										05:24:40	05:19:20	04:10:22	03:58:58	04:49:39	05:12:16	04:58:15	05:29:18	05:36:00	05:50:35					
Hölscher	Michael	1964	11				04:22:19	04:29:23			04:32:02	03:58:46	04:07:38	03:54:07		03:58:08		04:17:27	04:04:36				05:05:34	05:21:16			
Hölscher	Werner	1959	14	03:02:04	03:05:54	03:13:58	02:57:40		03:07:28	03:00:52		03:07:30	03:06:10	03:17:47			03:25:08	03:28:34	03:40:16		03:27:53			03:56:53			
Honerpeik	Reinhard	1966	11	04:32:39	03:55:09	04:00:15	03:52:05		03:42:40	03:43:32	03:41:53	03:43:55		04:06:20	04:12:29	04:06:51											
Hovermann	Christian	1971	10												03:56:08	04:00:00	03:48:09	03:48:38	03:45:23	03:55:11	03:51:59	04:15:09	03:54:53	03:57:25			
Huelmann	Frank	1972	12	02:57:10	03:12:09	03:42:43	03:38:37		03:28:22	03:28:53	03:35:53	04:14:13	03:53:02	03:32:53	03:28:32	03:47:12											
Huerkamp	Peter	1958	10	04:19:39	04:35:39				04:28:44	04:55:51	04:33:21						05:31:38	05:37:21	05:31:12	06:02:35	05:52:45						
Huesker	Bernd	1949	13		03:50:36	03:43:43	03:20:14	03:15:31	03:53:29	03:27:42	03:06:43	03:08:57	03:26:59		03:20:45						03:35:02	03:33:45	03:40:15				
Hülsmeier	Werner	1951	12	03:55:22			04:16:13	04:07:10	04:02:03	04:36:58	04:07:38	04:06:49	04:33:09		04:22:23	04:27:03	04:22:49	05:00:35									
Huth	Thorsten	1962	15			04:23:31	04:26:13	04:29:12	04:28:45		04:28:10	04:28:52	04:28:35	04:28:33	04:12:30	04:27:34	04:28:25	04:42:20	04:29:15	04:35:43	04:41:38						
Ickert	Oliver	1967	14	03:25:03	03:10:26	03:29:01	03:51:06	03:21:33	03:45:21	03:48:45	02:55:29	02:58:35	03:27:31	03:04:20	03:09:30	03:16:09		03:09:36									
Igelbrink	Hans Peter	1963	11	02:59:08	02:51:40	03:38:23	03:51:05	04:20:49	03:07:06	03:32:57	03:12:54	02:55:46	02:57:50												03:58:11		
Ilgner	Uwe	1969	13						04:31:33	04:09:33	04:01:27	04:16:01			04:05:41	04:00:39	04:01:52	04:21:13	04:21:32		04:24:14	04:35:22	04:26:45	04:40:21			
Ishida	Masafumi	1974	12							04:25:51	04:08:53		03:27:34	03:18:34		03:06:07	03:32:15	03:12:54	03:43:54		03:18:30	03:43:30	03:49:01	03:44:21			
Janssen	Dr. Bernhard	1960	11	05:14:21	04:27:06	04:21:11	04:16:43	04:11:15	04:01:46	04:06:22	04:10:11	04:36:56	04:28:39	04:52:35													
Jasperneite	Horst	1953	17	04:01:05	03:55:13	03:53:05	03:50:40	04:24:08	03:40:31	03:54:59	03:58:59	04:02:55	04:24:00	03:57:20	04:11:43	04:13:45	04:13:29	04:39:24	04:27:16	05:17:59							
Jermis	Dieter	1956	11		03:19:39	03:12:58	03:01:18	03:14:26	03:24:08	03:17:19	03:10:12	03:27:43	03:27:23	03:26:04						03:42:29							
Jücker-Deifuß	Christine	1968	11		03:42:14			03:33:36	03:30:37	03:27:51	03:30:29	03:37:41	03:56:05	03:56:54	03:53:10	03:57:44		04:45:27									
Junker	Gerd	1956	18	03:57:59	04:19:23	04:38:49	04:13:08	04:21:26	04:53:20	03:53:08	04:24:56	04:54:00	04:08:16	04:59:34	05:10:13	03:59:06	04:40:46	04:52:46	05:11:39	05:34:03	05:26:09						
Kähler	Enno	1965	12	04:25:43	04:08:02	03:50:49			03:28:17	03:24:47	03:42:58	03:45:00	03:34:41	03:37:21							03:32:39		03:41:29	03:46:30			
Kaiser	Daniel Sean	1962	13						03:54:29	03:52:44	04:01:48	04:08:37	03:51:16	04:30:44	04:38:52	04:32:12	04:22:28	04:24:20	04:48:16	04:18:48		05:06:55					
Kaiser	Peter	1955	15	03:42:08	03:27:36	03:42:05	03:40:34		03:42:10	03:56:45		04:13:32	04:11:08	04:36:04	04:04:12		04:09:18			04:55:46	04:26:57	04:48:11	04:25:45				
Kampert	Martin	1965	11			05:26:48	04:35:14	04:36:26	05:04:18	04:07:35	03:54:25	04:10:31	05:03:36	05:05:03	04:39:44			05:19:57									
Karneth	André	1967	11	02:47:03	02:46:34		02:44:31			02:47:07		03:06:20	03:05:55	03:12:50	02:54:48			03:30:03		03:34:00				03:25:22			
Kasprik	Michael	1976	13								03:27:08	03:15:19	03:31:40	03:05:59	03:03:05	03:04:17	02:59:20	03:08:34	03:22:54		02:59:23	03:11:05	03:16:54	03:13:53			
Kaul	Ansgar	1961	12	03:35:41	03:56:06	03:48:22	03:28:23	04:15:03	03:28:36	03:53:52	03:57:16		04:57:59	04:27:28	04:38:15		04:38:12										
Keggenhoff	Reinhold	1955	11	03:39:35		03:40:14	03:35:28	03:23:55	03:41:59		03:53:41	04:00:44	04:46:45	04:14:20	04:07:10	04:26:37											
Kemper	Sandra	1968	21	04:17:58	03:54:15	04:03:18	03:49:22	03:53:18	03:59:12	04:35:41	04:52:00	04:10:05	04:03:16	05:08:47	04:12:03	03:59:22	04:10:13	04:03:47	04:20:14	04:15:41	04:04:59	04:23:46	04:19:06	04:24:48			
Kiemann	Ralf	1969	10							04:32:45	04:25:24	04:42:39	04:29:37	04:39:10			04:17:22		04:15:21		04:18:33	04:24:45	04:22:26				
Kiffmeier	Ulrich	1962	11			03:30:32	03:18:54	03:16:21	03:07:10	02:59:08	03:08:53	02:59:18			03:07:49		03:15:12		03:16:09	03:13:49							
Kirschsieper	Lothar	1948	20	03:27:12	03:28:25	03:41:10	03:20:27	03:29:09	03:24:55	03:20:50	03:25:53	03:27:43	03:25:51	03:58:18	03:27:28	03:31:35	03:34:55	03:54:20	03:50:39	03:56:53	03:47:46	03:51:55	04:26:50				
Kisse	Stefan	1974	11										03:32:36	03:29:56	03:25:10	03:16:34	03:35:06		03:29:34	03:33:29	03:22:05	03:42:54	03:39:33	03:49:05			
Klene	Andreas	1961	12		03:14:05	03:51:02			03:26:53		03:18:40		03:24:10	03:48:52	03:26:43	03:26:44		03:16:15			03:19:39	03:33:25	03:25:25				
Klimaschka	Robin	1971	12								04:03:52	03:37:19	03:52:07	03:41:12	03:16:41	03:27:46	03:15:34	03:37:05	03:22:28	03:05:47			03:22:51	03:23:49			
Kloweit-Herrmann	Dr. Manfred	1939	10	04:57:22	05:08:34	05:20:52	04:55:31	05:13:07	05:03:26	05:29:13	05:36:21	05:36:21	05:38:34														
Knebelkamp	Michaela	1975	10								04:24:22	04:16:25	04:10:48	04:10:29	04:06:30	04:01:58	04:04:11	04:19:32	04:12:19		04:05:01						
Knein	Peter	1962	11	03:06:30	03:11:24	03:23:26	03:13:20	03:12:26	03:10:41	03:11:14	03:21:57				04:10:59		03:51:07					04:07:21					
Koch																											

NNAME	VNAME	GEBJ	AnzE	Z2002	Z2003	Z2004	Z2005	Z2006	Z2007	Z2008	Z2009	Z2010	Z2011	Z2012	Z2013	Z2014	Z2015	Z2016	Z2017	Z2018	Z2019	Z2021	Z2022	Z2023
Kormann	Uli	1975	13				04:22:17	03:58:16			03:25:20		03:24:36	03:35:48	03:27:19	03:19:48	03:12:33	03:17:19	03:18:54			03:26:39	03:30:56	03:19:08
Korobejnikov	Vladimir	1955	14	03:40:31	03:20:58	03:26:05	03:25:57	03:25:17	03:18:37			03:29:04	04:00:14	03:41:08	03:46:55		04:01:29	03:56:47	04:56:47	04:30:53				
Kösters	Clemens	1959	15	03:23:04	03:07:43	03:02:19	02:59:22	02:56:04	02:55:43		03:04:45	03:14:32	03:16:45	03:19:48	03:11:46		03:23:31		03:22:15	03:23:44	03:20:47			
Krampe	Sebastian	1984	10											03:27:20	03:05:59	03:05:51	03:11:38	03:03:14	03:04:57	03:17:17	03:28:38	03:33:22	03:27:38	
Krantz	Karsten	1968	11	04:05:07	03:57:12	03:57:40				03:53:47	04:20:52	03:59:34		04:09:17	03:55:58	04:14:45		04:28:47	04:33:52					
Kröger-Allen	Neil	1965	17	05:02:31	04:46:37	05:03:26	04:38:15	05:05:12	04:57:03	04:43:38	04:49:53	05:01:14	05:08:38	05:33:12	04:49:34	04:52:42	04:50:55	05:51:24	05:06:00	05:09:28				
Kröniger	Peter	1951	20	04:29:03	04:49:48	04:54:06	04:29:43	04:31:01	04:38:50	04:27:49	04:59:11	04:54:06	05:18:02	05:26:31	05:31:16	04:47:12	05:02:51	05:18:19	05:11:35	04:59:13	05:09:36	05:25:31	05:36:59	
Kückelmann	Rolf	1950	19	04:28:55	04:23:06	04:05:08	04:18:43	04:00:18	03:58:11	04:13:35	04:14:00	04:25:15	04:36:14	05:06:50	04:05:35	04:42:57	05:00:56	05:01:39		04:28:02		05:16:14	05:23:38	05:45:36
Kuhlmann	Christoph	1966	18	03:27:51	03:30:03	03:34:14	03:16:38	03:25:19	03:46:01	03:42:21	03:52:39	04:09:59	03:59:53	03:57:12	03:47:59	04:06:29	03:43:50	03:56:58	03:52:01	03:50:46	03:56:13			
Kwiatkowski	Wilfried	1965	10		03:57:24	03:56:42	03:42:59		03:52:33		03:54:50		04:01:41	04:02:22				04:10:52	04:08:41		04:16:56			
Lagemann	Maik	1975	11	03:25:59	03:21:57	03:45:14	03:30:27			03:53:16	03:33:12	03:34:30	03:57:05	03:55:28		03:35:22	03:22:02							
Lammerding	Matthias	1968	17	04:19:40	03:46:44	04:05:39	03:56:04	03:58:12	04:34:55	03:59:47	04:27:58	05:10:04			05:23:36	04:56:58	04:45:57	05:03:38	04:38:36	05:00:20	05:25:55	05:43:39		
Lammerding	Ralf	1963	13						03:55:09	03:37:26	03:42:06	03:45:01	03:54:12	03:44:42	03:33:53	03:45:03	03:43:43	04:05:38	03:46:56		03:54:13	03:59:27		
Lammers	Bernhard	1964	13	03:33:33	03:46:24	03:48:58	03:27:00	03:44:09	04:09:01	03:53:25	04:15:15	04:28:34	04:49:49	04:07:40	04:06:32		04:28:29							
Lammers	Dieter	1969	12	03:38:33	03:48:10	03:37:05	03:34:00	04:00:07	03:57:31	04:02:02	04:17:19	04:21:59	04:12:54	04:22:33		04:28:31								
Lammers	Michael	1977	10	04:15:28	04:02:37	03:52:13	03:42:51	03:21:51	03:19:35	03:18:38	03:34:26	03:36:49	03:29:36											
Lange	Stefan	1979	16	03:46:37	04:59:50	04:39:41	04:06:33	04:49:05	04:42:33		04:14:31	04:52:30	04:21:33	05:14:40	04:37:39	04:57:36	04:53:35	05:28:13	05:17:17			05:21:29		
Laqua	Gerhard	1963	12	03:20:28	03:49:26	03:19:18		03:22:54	03:18:39	03:19:06	03:35:02	03:23:03	03:42:39	04:29:07	03:44:25	04:06:16								
Last	Markus	1976	10	03:28:02	03:18:33	03:16:48	03:17:34	03:20:10	03:12:17	03:24:14	03:19:59	03:19:44	03:42:34											
Lechtermann	Ulrich	1963	10	03:55:15	03:49:38	04:30:24	03:36:58	03:42:14	03:45:28	03:41:02	03:48:30	03:57:29	04:31:59											
Leifer	Peter	1968	13	03:33:07	03:56:06	03:46:20	03:25:05	03:59:32	03:37:35	04:19:20	03:27:23	04:15:50	04:02:46	04:02:49	04:12:54	04:33:31								
Leising	Reinhard	1965	12						04:12:02	03:52:06	03:42:49	03:41:18	03:44:17		03:31:43	03:28:42	03:28:39	03:43:00	03:58:09	03:38:59	03:43:15			
Leißing	Andreas	1964	12		03:52:08	03:36:07	03:36:05	04:25:54	02:58:59	02:55:36	02:57:53			03:08:18	03:14:29		03:29:02	03:09:45	03:27:19					
Leonard	Peter	1964	13	03:08:24	03:04:49	03:22:44		02:55:26	02:59:36	03:09:49		02:55:46		03:29:46		03:19:19			03:41:53	03:42:01	03:32:42		03:43:46	
Liegmann	Günter	1955	13	03:48:15					03:50:08	03:40:51	03:37:54		03:49:29	04:32:08	03:47:11	04:20:35	04:39:34		05:14:32	04:47:31		05:22:49	05:48:17	
Lindemann	Norbert	1963	15	03:08:26	02:59:53	05:02:34	02:54:18	02:57:21	02:52:19	02:56:47	02:58:07	03:07:13	03:11:09	03:13:42	03:10:50	03:08:08	03:09:14	03:23:07						
Löbbers	Daniel	1980	11	04:04:25	03:35:49	03:36:50	03:12:20	03:25:28	03:14:02	03:15:49	03:11:14		03:15:25		03:15:46			03:12:47						
Löchte	Christel	1955	10	04:01:07	04:09:17	04:14:49	04:14:16		04:23:36	04:14:12	04:10:37	04:15:40		04:38:15					04:45:31					
Löckemann	Markus	1972	18				03:49:01	03:54:41	03:49:49	03:38:13	03:17:07	03:22:20	03:30:54	03:36:28	03:24:19	03:38:48	03:26:58	03:31:42	03:28:23	03:22:08	03:04:55	03:18:17	03:12:58	03:17:52
Loddenkötter	Stefan	1965	18	04:37:28	04:53:34	04:57:42	04:08:30	04:28:25		03:51:27		04:13:55	04:17:13		03:57:29	03:46:46	03:56:38	04:09:23	03:53:18	03:40:05	03:33:44	03:33:08	03:24:15	03:52:29
Lohscheller	Ralf	1959	10	03:57:32	03:54:30	03:52:07	03:52:13	03:43:04	03:38:57	03:29:58	03:45:33	03:41:31	03:52:48											
Lübbering	Frank	1964	12				03:38:39	03:30:48	03:32:53	03:35:47	03:33:55		03:58:40	04:00:03			03:58:56	03:59:11	04:10:01	04:06:11		04:15:33		
Lübbert	Oliver	1964	21	04:09:28	03:47:00	03:30:39	03:22:28	03:14:58	03:04:46	02:58:32	02:58:19	03:07:58	04:08:21	03:16:46	03:22:42	03:40:50	03:53:06	03:59:50	04:21:14	04:15:15	04:59:21	04:24:36	04:40:25	04:15:39
Lücke	Benedikt	1968	12	04:34:03	04:59:07	04:49:57	04:21:46	04:08:52	04:04:05	04:06:21	04:11:19		04:26:54	04:30:46	04:27:45	04:46:52								
Ludwigs	Peter	1959	10		04:15:05	04:01:09				04:16:30	04:02:16		04:15:01		04:06:35		04:46:56		04:39:29	04:10:38	04:39:22			
Luig	Martin	1972	21	03:33:07	02:55:29	03:02:41	03:02:16	03:01:20	02:58:15	03:06:29	03:21:57	03:28:11	03:36:06	03:33:33	03:37:55	03:55:45	03:51:39	04:23:40	04:29:00	03:18:48	03:30:49	03:50:29	03:17:34	03:49:12
Lütke Schelhowe	Hermann	1950	18	04:10:15	03:47:06	03:54:24	03:45:30		03:36:31	03:43:41	03:37:06	03:49:33	03:44:20	03:45:28	03:42:06	03:48:37	03:46:57		04:05:59	04:07:46	04:03:42	04:07:37	04:27:37	
Lütke Schute	Siegfried	1959	11				03:43:54	03:46:40	03:37:03	03:40:55	03:28:38	03:27:17	03:26:58	03:37:51	04:10:00					04:20:05		04:25:30		
Madry	Dr. Norbert	1954	11	03:02:21	02:59:31	03:08:36	03:18:50	03:19:01	03:11:45	03:11:41	03:22:33	03:29:07	03:28:39	03:29:46										
Mai	Christian	1965	21	04:42:56	04:06:54	03:54:07	03:48:22	03:56:21	03:46:22	03:58:40	03:51:38	03:59:11	04:44:58	04:27:31	03:57:43	03:57:32	04:14:36	04:58:00	04:13:40	04:16:06	04:51:23	04:01:49	04:29:51	04:54:07
Maiwald	Holger	1970	14	03:52:19	03:40:50	03:58:10	03:13:22	03:17:16	03:09:30	03:12:03	03:57:00	03:19:20	03:33:30	04:18:14	03:56:56	04:17:17		03:59:17						
Mangelmans	Christoph	1983	15		04:44:37	05:07:58	04:25:10			03:55:20	03:30:31	03:50:40	03:48:14				03:55:27	04:07:27	03:52:53	03:42:36	03:35:55	03:37:21	03:21:02	03:21:45
Mariani	Giuseppe	1965	13			04:32:40	03:34:54	03:31:25			03:45:16	03:54:40		03:52:36	04:08:10	03:47:28			03:52:00	03:56:35	03:55:23	04:10:14		04:38:12
Marquardt	Christof	1968	11								02:45:08		02:44:17	02:42:34		02:49:28	02:46:17	02:47:12	02:48:35	02:55:35	03:07:48	02:58:01	03:02:11	
Mastrogiacomi	Angelo	1960	13	04:23:23	04:08:57	04:50:52	04:27:00	04:17:12	04:40:45	05:27:27	04:43:12	05:22:24	05:09:24			04:57:17	05							



NNAME	VNAME	GEBJ	AnzE	Z2002	Z2003	Z2004	Z2005	Z2006	Z2007	Z2008	Z2009	Z2010	Z2011	Z2012	Z2013	Z2014	Z2015	Z2016	Z2017	Z2018	Z2019	Z2021	Z2022	Z2023
Schuschel	Oliver	1962	14	03:40:17	03:31:58	03:41:28	03:27:29	03:25:16	03:15:13	03:14:41	03:21:12	03:25:12	03:39:26	03:32:31	03:29:51		03:56:03			04:06:44				
Schwefel	Ira	1970	15				03:33:03		03:18:56	03:13:22	03:22:25	03:12:13	03:12:35	03:15:31	03:11:56	03:11:46	03:16:19		03:17:39	03:28:08	03:25:29	03:22:40		03:26:33
Schweizer	Peter	1959	10				03:26:49			05:30:35			03:28:10	03:22:08	03:20:12	04:38:13					03:44:26	04:01:47	04:37:12	04:12:49
Schwerbrock	Dirk	1963	11				04:30:18	04:21:16	03:50:54	04:06:41	03:56:52	03:41:39		04:18:16	03:52:05	04:03:29			04:05:20	03:51:59				
Segger	Jörg	1955	10	04:16:59	04:02:21	04:19:16		04:03:39	04:10:34	04:06:57	04:31:45		04:27:41							04:34:03				05:06:20
Seppelt	Rainer	1961	10	04:23:29	04:22:30	04:24:28	04:01:28	03:59:11	04:05:33	04:17:47	04:26:32	04:25:43	04:45:47											
Sicking	Ewald	1962	10									03:47:40	03:39:19	03:50:10	03:40:59	03:55:13	04:10:08	04:42:45			04:45:32		05:24:30	05:10:35
Sievers	Gerhard	1951	16	03:11:28		03:19:03	03:07:07	03:06:18	03:26:50	03:20:43	03:14:12			03:43:14	03:20:39	03:30:16	03:43:35	03:40:55	03:39:19	03:40:34	04:12:15	03:50:44		
Silvestri	Francesco	1965	11	04:04:57	03:47:30					03:25:35	03:11:18		03:04:52	03:16:14	03:01:23	03:02:56	03:20:34	04:04:05	04:45:03					
Skornitzke	Günther	1956	14	03:31:39	03:29:15	03:41:32	03:31:56		03:38:44	03:34:01	03:41:26	03:40:53	03:45:04	04:05:08	03:44:05	03:45:49	03:50:13	04:16:41						
Skubschewski	Ralf	1970	14			04:04:21	03:19:57	05:19:51		03:57:51	03:12:53	03:06:22	03:07:12	03:37:51		03:26:40	03:35:12	03:31:40	03:24:46	03:24:56	03:57:20			
Sliwka	Ludger	1955	11						04:04:22	03:42:02		03:29:15	03:31:21	03:32:07	03:28:21	03:24:19	03:29:08	03:37:30	03:31:19	03:40:11				
Sobbe	Berthold	1965	14							04:32:06	03:26:32		03:38:39	03:52:24	03:38:52	03:34:14	03:44:16	04:22:22	04:04:53	04:05:26	04:03:26	03:51:26	05:22:09	04:45:52
Solbach	Ulrich	1968	10		03:50:19	04:04:48		03:51:45	03:52:43	03:36:38		03:55:40	04:05:15			04:11:40	04:07:24		03:52:10					
Sommer	B.-Michael	1950	12	04:28:19	04:16:24	04:37:48	04:28:46	04:36:05	04:18:53	04:24:19	04:19:33	04:35:50	04:39:52	05:37:58	04:43:26									
Sommerkamp	Frank	1973	11			04:05:48		04:18:03	04:44:34	03:42:10		03:48:58	03:49:47	03:56:53			03:26:01	04:07:14	04:09:14	05:09:07				
Stangenberg	Dirk	1969	17	03:33:27	04:04:38	04:18:39	03:37:45	04:16:19		03:45:21	03:42:09	03:34:05	03:42:13	03:29:00	03:53:41	03:25:37	03:43:10	04:10:00	04:09:06	03:57:15	04:02:05			
Stangneth	Ingrid	1953	10	04:23:26	04:19:21	04:22:27	04:21:25	04:33:01	04:29:22	04:30:11	04:37:06		04:53:01	05:00:25										
Stapper-Müer	Joachim	1962	12	04:13:45	04:17:38	04:14:16	03:55:48	04:22:15	04:11:36	04:23:51	04:07:59	03:55:34	04:10:18		03:56:03		03:58:29							
Stegemann	Manfred	1964	14		03:55:39	03:49:46	03:31:43	03:37:48	03:23:30	03:31:58	03:31:06	03:34:11	03:43:09	03:46:08	03:40:13		03:42:04	03:51:35	03:59:08					
Stephanblome	Klaus	1964	13						04:09:23	03:47:16	03:50:03	03:47:32	04:10:29	03:46:28	03:38:08	03:47:06	03:45:08	03:53:22	04:01:07	04:15:03	03:56:25			
Strathoff	Jürgen	1958	14		04:21:13				03:27:31	03:16:16	03:10:02	03:14:31	03:22:25	03:32:08	03:24:04	03:16:02	03:26:24	03:40:46	03:27:11			03:48:21		03:53:52
Strübbe	Karl-Heinz	1967	11							04:07:41		04:02:57	03:47:47	03:37:59	03:33:53	03:17:06	03:14:45	03:32:58	03:26:08	03:27:00	03:30:11			
Sturm	Martin	1966	17				04:26:01	03:51:23	03:41:12	03:37:14	03:39:33	03:42:14	03:45:28	03:41:42	03:28:05	03:32:04	03:33:13	03:53:18	03:33:25	03:34:35	03:27:43		04:10:12	04:16:53
Stutenbäumer	Martin	1964	10	03:09:17	03:07:08		02:55:17				02:49:18		02:49:57	02:49:27						02:59:31	02:58:29	03:03:38		03:03:56
Suck	Elvira	1959	19	03:57:07	04:08:02			04:40:53	04:26:44	04:00:23	03:58:58	04:12:30	04:05:26	04:26:39	03:54:08	04:13:39	04:14:16	04:27:54	04:24:21	05:01:15	04:37:03	04:31:07	04:27:41	04:22:17
Suck	Manfred	1956	21	03:57:05	04:08:03	03:47:49	03:30:31	03:58:15	03:34:12	03:28:56	03:28:10	03:33:28	03:43:57	03:43:12	03:21:58	03:39:53	03:35:53	03:49:25	03:42:28	03:47:10	03:56:55	03:49:57	03:47:38	03:52:44
Suerland	Klaus	1957	11	03:16:20						03:01:03	03:24:55	03:10:50		03:08:25	03:14:15		05:07:43	03:48:35	03:38:24	03:52:41				03:47:05
Sweers	Ralf	1963	10	04:01:51							04:19:46	04:19:32	04:37:37			04:19:09	04:15:24		04:11:00	04:30:49	04:54:46			04:47:12
Tappe	Friedhelm	1957	12	04:08:03	03:56:57	04:15:33	03:54:17	03:59:08	03:53:23	03:49:11	03:40:25					04:20:34	04:17:55	04:07:41			04:08:29			
Testroet	Klaus	1966	10	03:14:07				03:25:28	03:06:35	03:03:29	03:05:34	03:07:34	03:08:07		03:08:30	03:05:14	03:09:28							
Thorbrügge	Kai	1968	10					04:49:24	04:23:08	04:24:46	04:24:03	04:57:43	05:09:03		04:41:24		04:52:18	04:44:19	04:45:14					
Thünemann	Helmut	1957	21	03:04:56	03:20:23	03:23:43	03:07:15	03:10:25	03:12:11	03:13:30	03:13:54	03:10:37	03:16:44	03:18:02	03:16:28	03:37:53	03:21:16	03:25:43	03:32:52	03:30:38	03:32:56	03:38:05	03:37:48	03:48:40
Thyen	Thomas	1972	11					04:19:35			03:50:00	03:46:02	03:42:53		03:38:59	03:38:44	03:39:07	04:13:00	04:03:59			04:10:50	03:54:50	
Többen	Michael	1965	10		03:23:45	03:41:18	03:26:55	03:10:01		02:53:22	02:56:47	03:08:10	03:13:49	03:18:17	03:07:14									
Topf	Andreas	1964	13			04:06:52	03:54:28		03:43:56	03:02:01	03:37:01	03:37:45	03:43:09	03:47:44	03:36:12		03:44:01	04:12:35	03:54:12	03:52:45				
Türker	Xaver	1959	12	04:09:08	04:31:03		03:58:07		03:51:33	03:56:47	04:07:24	04:01:45	04:08:47	03:54:23	04:03:03	04:03:45	04:01:30							
Twelkemeier	Udo	1959	10	03:35:50	03:15:43	03:14:01	03:12:46	03:55:38	03:41:29	03:33:24	03:37:56	03:35:11	03:28:30											
Uetz	Rainer	1956	11	03:52:13	03:31:03	03:26:31		03:18:40	03:13:29	03:17:58	03:39:37	03:35:05	03:33:45	03:33:19			03:46:32							
Uhlig	Felix	1954	11	04:09:55	04:05:56	04:12:10	03:50:43	03:56:15	04:28:14	04:32:31	03:58:23	04:38:02	04:30:31	04:48:06										
Ullrich	Thorsten	1971	11										04:13:43	03:58:58	03:50:18	03:51:35	03:51:30	03:57:20	03:55:54	03:51:35	04:18:52	04:32:10	04:24:25	
van der Velde	Markus	1965	13				03:08:13	03:43:32	03:28:19	03:18:04	02:58:51	02:50:55	02:59:22	03:07:20	02:58:28	02:59:11	03:29:02	03:19:22		03:23:19				
Venhofen	Gerd	1955	10							03:47:02	03:39:14	03:43:56	03:45:07	03:46:38		03:58:38	04:08:00	04:13:33	04:35:13	03:58:40				
Venker	Margret	1947	11	03:54:19	03:59:15	04:04:33			04:01:47	04:06:39	04:09:24	04:13:49	04:25:04	04:23:11	04:25:45	04:30:01								
Venker	Paul	1947	16	03:42:23	04:02:03	03:41:34			03:56:13	03:52:06	04:01:14	04:14:52	04:07:13	04:28:30	04:17:19	04:11:36	04:22:33	04:25:14	04:29:01	04:30:19	04:57:27			
Victor	Holger	1968	12			04:33:48							03:58:23		03:51:45	03:40:58	03:36:05	03:33:38	03:51:54	04:17:22	03:53:38	03:56:28	03:54:19	03:59:13
Voet	Gerald	1959	11			04:29:08	04:09:25	04:06:56	03:57:25	04:27:00	04:13:35	04:03:18	04:31:27	04:22:33		04:57:21	04:30:11							
Vogt	Wolfgang	1959	11			03:12:05			03:10:10	03:31:48	03:23:58	03:12:22			03:26:14		03:27:41		03:33:04	03:27:11	03:39:03	04:09:22		
Voigt	Torsten	1968	10	03:39:32	03:33:55	03:39:30	03:15:26						04:23:58	04:00:48	03:55:36	03:54:14	03:49:01	03:57:08						
Völker	Markus	1971	10			04:21:25	04:00:42	04:26:10	04:30:04	04:33:37	04:15:25	04:00:39	04:02:09	03:49:01	03:46:22									
Völkert	Clemens	1956	13	03:27:32	03:23:12	03:52:04	03:24:56	03:29:09	03:26:10	03:38:34	03:27:01	03:36:59	03:52:26	03:44:46						03:47:12	03:51:02			
Vollbracht	Heinrich	1939	13			03:35:53	03:14:19	03:20:54	03:14:16	03:25:49	03:21:16		03:39:23	03:45:08	03:36:08		04:20:58	04:33:15	05:09:47	04:42:55				
von der Horst	Rutger	1962	13				05:27:16	05:02:59	04:13:10															

NNAME	VNAME	GEBJ	AnzE	Z2002	Z2003	Z2004	Z2005	Z2006	Z2007	Z2008	Z2009	Z2010	Z2011	Z2012	Z2013	Z2014	Z2015	Z2016	Z2017	Z2018	Z2019	Z2021	Z2022	Z2023
Weber	Thomas	1978	11	03:50:52	03:28:55	04:09:19		03:27:14	03:56:33	03:44:47	04:05:33	03:36:11		03:52:25		03:50:09								03:59:53
Weitkämper	Wolfgang	1960	10		04:39:18	04:14:13	03:59:37	04:22:19	03:58:43		04:25:01		04:11:43		04:25:08	05:19:49	05:23:18							
Wendker	Thomas	1967	15						03:47:28	03:39:22	03:37:13	03:38:46	03:27:58	03:22:16	03:13:32	03:11:26	03:03:44	03:07:54	03:11:36	03:13:23	03:23:42	03:49:21	03:39:29	
Wesbuer	Thomas	1966	13						03:27:31	03:16:15	03:08:08	03:09:28	03:11:29	03:19:39		03:12:41		03:17:02	03:13:07		03:25:06	03:41:20	03:32:15	03:37:51
Wesche	Michael	1968	19		04:54:08	04:39:39	04:36:34	04:51:04	04:14:48	04:16:15	04:14:55	04:10:47	04:06:10	04:23:04	04:03:22	03:59:33	04:27:42	04:28:06	04:25:16	04:20:28	04:35:47	04:35:44	04:25:32	
Wesemann	Frank	1970	11			04:12:11		03:43:58	03:58:21	03:55:01	04:04:56	04:12:19	04:34:17	04:22:10	04:27:23		04:38:20				04:13:49			
Wichmann	Gerhild	1954	10					04:27:41	04:27:59	04:27:40	04:16:13	04:28:43	04:38:43		04:54:21	04:49:46	05:05:23	05:32:36						
Wiefermann	Heinz	1958	21	04:46:34	04:27:17	04:47:00	04:01:59	04:16:50	04:11:00	04:21:01	04:02:12	04:09:41	04:37:46	04:41:54	04:38:32	04:57:42	04:57:45	05:08:10	04:50:37	05:07:19	04:59:54	05:25:21	05:26:53	05:25:46
Wieschhörster	Andreas	1970	11								03:24:58	03:35:02	03:24:08	03:35:39	03:13:19	03:19:04	03:26:22	03:23:44	03:29:31	03:43:41	03:44:31			
Wijdenes	Salvatore	1970	11				04:35:26	04:33:09	04:09:20	04:13:58	03:41:17	03:49:15	04:17:10	04:15:05	03:57:46	03:58:04	04:41:00							
Wilting	Helga	1954	11		04:07:24	03:59:06	03:49:13		03:42:08		03:45:31	03:53:06	03:52:15	03:59:37	04:03:08	04:00:46	04:09:37							
Windmann	Ralf	1959	13								03:43:29	03:48:45	03:46:52	03:51:04	03:40:31	03:43:55	03:51:28	03:58:25	03:55:39	04:04:56		04:07:57	04:13:40	04:18:47
Winter	Ralf	1965	18	04:14:33	03:28:31	03:43:40	03:12:28	03:04:44	03:24:15	03:37:59	03:40:22	03:47:18	03:38:21	03:48:11	03:55:48	04:34:11	04:36:08	04:44:27	04:23:51	04:25:22	05:23:44			
Wittler	Michael	1960	13	03:52:08	03:34:29	03:40:31	03:27:00	03:27:38	03:26:19	03:24:50	03:28:26	04:06:30	03:54:00			03:48:47	03:46:00	04:02:56						
Wolfrom	Peter	1949	21	03:48:58	03:46:56	03:51:24	04:02:46	03:43:04	04:30:02	04:04:50	04:06:25	04:19:29	04:21:51	04:35:03	04:38:13	04:25:46	04:20:59	04:26:33	04:18:14	04:43:08	04:40:12	05:17:28	04:57:48	05:15:18
Wünscher	Eckart	1954	10	04:05:37	03:48:40	03:38:36	03:35:11	03:27:43	03:28:03	03:26:11	03:28:21	04:13:43	03:36:24											
Ziemann	Markus	1966	10								03:14:10		03:15:27	03:13:49	03:13:45	03:05:03	03:14:35	03:13:18	03:14:05	03:13:56	03:14:18			
Zschiesche	Christian	1965	10	03:25:27	03:25:05	03:46:12	03:13:43	03:36:43	03:57:05	04:18:56	04:45:19	04:14:42	04:35:01											
Zumdick	Reinhard	1963	15	03:19:48	03:14:22	03:13:51		03:11:03			02:59:05	03:04:36			03:15:20	03:11:30	03:12:33	03:17:36	03:16:49	03:18:22	03:13:39	03:23:43		03:36:43